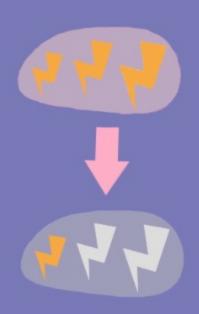
Effective contraception reduce period pain (except for the copper coil)

















It is recommended to use effective contraception if your period pain prevents you from going to school/work or take part in other activites.