

The Swedish Conference of Clinical Psychology 2026

26 – 27 November 2026
Stockholm

Thursday 26th November

	8.15 – 8.45	Registration & coffee
	8.45 – 9.00	Welcome and information
Moderator: Tobias Lundgren	9.00 - 9.45	Keynote Paul Gilbert, University of Derby
	10.00 - 10.15	Emotional Processing and Somatic Symptoms: Evidence from Two Clinical Studies of Somatic Symptom Disorder Peter Lilliengren, Stockholm University
	10.15 - 10.30	A pilot randomized controlled feasibility trial of Emotion Regulation Group Therapy as an adjunct to Enhanced Cognitive Behavior Therapy for eating disorders Alexandra Boalt, Karolinska Institutet
	10.30 - 10.50	Fika and poster session
	10.50 - 11.05	Investigating feasibility, effectiveness and participant perspectives of Cognitive Behavioral Therapy for ADHD Inattentive presentation (CADDI), a new treatment protocol Elinor Eskilsson Strålin, Karolinska Institutet
	11.05 - 11.20	Feasibility and acceptability of therapist-guided, asynchronous, internet-delivered trauma-focused CBT for adolescents with PTSD: a single-group feasibility trial Hanna Weyler, Karolinska Institutet
	11.20 - 11.45	Invited presentation Interpersonal psychotherapy across diagnoses and delivery formats: Lessons from Swedish clinical research Malin Bäck, Linköping University
	11.45 – 12.00	Patient preferences and current practice in treatment of sleep problems in Swedish primary care Johanna Stjernberg, Karolinska Institutet

	12.00 - 13.00	Lunch
Moderator: Ida Flink	13.00 - 13.45	Keynote Evidence-based treatments: Can we generalize from large RCT's to individuals? Johan W.S. Vlaeyen, Maastricht University
	13.45 - 14.00	Barriers to Implementing Single-Case Experimental Designs for Measurement-Based Care: A Mixed-Methods Feasibility Study Lea Schemer, RPTU Kaiserslautern-Landau
	14.00 - 14.15	One size fits one: data-driven personalization of ACT for endometriosis-related chronic pain Felicia T. A. Sundström, Uppsala University
	14.15 - 14.30	Network-based personalisation of cognitive behavioural therapy for chronic pain is feasible and acceptable for patients and therapists Verena E. Hofmann, RPTU Kaiserslautern-Landau
	14.30 - 14.45	Fika and poster session
	14.45 - 15.00	Treating Provoked Vulvodynia in Youths: Effects and Experiences of a Multimodal Intervention. Rebecca Lennartsson, Örebro University
	15.00 - 15.15	Invisible Intersections: Mapping the Overlap Between Psychiatric Disorders and Gynecological Pain Elin Ekholm, Karlstad University
	15.15 - 16.00	Keynote Beyond Pain Reprocessing: Novel developments in stress and fatigue research Henrik Børsting Jacobsen, Oslo University
	16.00 - 17.00	Network meeting for PhD students in clinical psychology Osame Salim, Örebro University

Friday 27th November

Clinical psychology

9.00 - 9.45

Keynote

Moderator:
Pia Enebrink
Sven
Alfonsson

Disruptive behaviour and mental health in children: Research insights on aggressive behaviour, effective interventions, and pathways to change

Pia Enebrink, Karolinska Institutet

9.45 - 10.00

Clinician Perspectives on Psychological Formulation with Autistic Gender-Diverse and Minority Ethnic Adults

Valeria Khudiakova, University of London

10.00 - 10.15

Bridging Lives: Refugee Narratives of Integration and Mental Health

Lisa Lindström, Mid Sweden University

10.15 - 10.30

The efficacy of a culturally adapted internet-based cognitive behavior therapy (CA-iCBT) for young Farsi/Dari-speaking refugees and migrants: a randomized controlled trial

Anahita Geranmayeh, Karolinska Institutet

10.30 – 10.50

Fika and poster session

10.50 – 11.15

Invited presentation

Silent Rage: Understanding and Treating Maladaptive Anger Inhibition

Johannes Larsson, Örebro University

11.15 – 11.30

Therapist Behaviour and Relational Processes in Psilocybin Treatment for Depression

Emma Zapel, Karolinska Institutet

11.30 – 11.45

Feasibility and acceptability of therapist-guided, asynchronous, internet-delivered trauma-focused CBT for adolescents with PTSD: a single-group feasibility trial in Sweden

Hanna Weyler, Karolinska Institutet

11.45 – 12.00	Person-Specific Psychopathology Networks: Treatment Recommendations from Structural Analysis Lars Klintwall, Karolinska Institutet
12.00 - 13.00	Lunch
13.00 – 13.45	Thematic speaker Evidence-based practice in practice: The role of single-case methods Steven J Linton, Örebro University
13.45 – 14.00	Closing and awards