

9th annual Summer School

**May, 6th to May, 8th**

**University of Lübeck, Germany**

Health promotion and prevention –  
the future pathway to healthier societies?

Register  
now!

Purpose of the summer school

The purpose of the Summer school for PhD students is to learn and reflect on new aspects of health sciences, develop scientific argumentation skills, and exchange feedback in a supportive atmosphere. Additionally, it aims to strengthen collaboration within the Baltic Sea Region Network and build connections around shared research interests.

Benefits for PhD participants

- ✓ Experience the international scientific community and meet fellow PhD students
- ✓ Participate in inspiring keynotes and lectures by European researchers
- ✓ Meet senior health care scientists and discuss their research areas and experiences
- ✓ Acquire three (3) ECTS credit points

Application

PhD-students must apply via their own institution. The application period starts on February 1<sup>st</sup> and ends on February 28<sup>th</sup>, 2026. Each institution can register up to 5 participants.

Student assignment

Students are expected to write an essay (about 12.000 characters) submitted before participating in the summer school. Guiding questions for the essay in relation to the summer school's topic are:

- ✓ Determinants of health literacy and self-care/management capabilities: how is health literacy promoted in your area of research?
- ✓ In which way are efficacy and effectiveness of prevention (primary and secondary prevention) of non-communicable diseases and health problems considered in your profession?
- ✓ How could AI and digital technologies change strategies for health promotion and prevention?

The students will write an essay in which they identify, critically discuss and handle the questions above in the context of their own study.

The network

The Baltic Sea Region Network in Personalized Health Care is a multi-disciplinary and cross-national network of the universities of the countries of the Baltic Sea Region: Karolinska Institutet, Stockholm, Sweden | Klaipeda University, Klaipeda, Lithuania | Medical University of Gdansk, Gdansk, Poland | Rīga Stradiņš University, Riga, Latvia | Southern Denmark University, Odense, Denmark | University of Lübeck, Lübeck, Germany | University of Tartu, Tartu, Estonia | University of Turku, Turku, Finland | Vilnius University, Vilnius, Lithuania | Western Norway University of Applied Sciences, Bergen, Norway

*Register now for the 10<sup>th</sup> annual BSRN summer school 2026 in Lübeck!*