

Name doctoral student First name Last name		Personnummer YYMMDD-NNNN
E-mail your email address	Mobile phone number your phone number	

I have completed following credit-bearing activity within my doctoral education:

Participation in activities during this time period: YYYY-YYYY		Filled in by department: Number of hp (credits):
<input type="checkbox"/> Participation in journal clubs (incl. book clubs or other equivalent activities) 12 occasions = 1,5 hp		
Number of occasions NN	Description Journal clubs in this field/likewise, years YYYY-YYYY	
<input type="checkbox"/> Participation in seminar series or other research seminars* 20 occasions = 1,5 hp		
Number of occasions NN	Description Seminar series/research seminars in this field/likewise, years YYYY-YYYY	
<input type="checkbox"/> Participation in workshops and/or symposia 1 week (40h) = 1.5 hp; 1 day (8h) = 0.3 hp		
Total length (days) NN	Description Workshops in this field/likewise, years YYYY-YYYY	

* If the seminar required time for preparation: use the box for journal clubs instead

<input type="checkbox"/> Participation in international conference including own presentation (1.5 hp / conference)		
Name of conference (incl. year) For example: 8th International conference on health, Paris, France. 3-5 July 2020	<input type="checkbox"/> Poster presentation <input type="checkbox"/> Oral presentation	
Name of conference (incl. year)	<input type="checkbox"/> Poster presentation <input type="checkbox"/> Oral presentation	

<input type="checkbox"/> Visiting research group at another university 1.5 hp / week			
Total length NN days	Visiting dates NN	Name(s) of university and country Name of university and country	

<input type="checkbox"/> Teaching in own research field 20 hours teaching = 40 working hours incl preparation time = 1.5 hp			
Total hours teaching* NN	Time period (year/semester or dates from when to when) NN	Description Write description in short, add document for longer descr.	

* Do not count preparation time

Mandatory attachments: Documentation verifying participation in the above (certificates, participation list, conference abstract, etc)

This form is submitted to the administrator for doctoral education at the KI department of the doctoral student.

By signing, the study director approves that the number of credits above will be registered in Ladok	
Date	Signature, departmental study director (or digital signature)

To the Ladok administrator: *It is important that the Ladok instructions "Individuellt åtagande" are followed to ensure that the text in the degree certificate will be correct.*