

The Swedish Conference of Clinical Psychology 2025

28 – 29 November 2025
Stockholm

Thursday 27th November

Clinical psychology Moderator: Tobias Lundgren	9.00 - 9.45	Keynote: Trauma - A history of the pathogenic secret Christian Rück Karolinska Institute
	10.00 - 10.25	Epidemiology of suicidal behaviors in Iceland: What can we learn about risk factors and protective factors? Jón Ingi Hlynsson Stockholm University & Reykjavík University
	10.25 - 10.50	Fika
	10.50 - 11.15	Treating and preventing depression by addressing insomnia - long-term follow-up of three RCTs Kerstin Blom Karolinska Institute
	11.15 - 11.40	Feasibility and Acceptability of a Brief Psychological Sleep Intervention (APS) for Depressed Psychiatric Inpatients: A Pilot Study Joel Stenfalk Karolinska Institute
	11.40 - 13.00	Lunch and poster session
Clinical psychology Moderator: Ida Flink	13.00 - 13.45	Keynote: Precision Mental Health and Measurement-Based Care - Where are we, and where would we like to go? Wolfgang Lutz Trier University
	14.00 - 14.25	Clinical efficacy of a Machine Learning based Clinical Decision Support System for therapists treating patients with Internet-delivered Cognitive Behavioral Therapy for depression and anxiety – A triple blind randomized clinical trial Pontus Björner Karolinska Institute
	14.25 - 14.50	Fika and poster session
	14.50 - 15.15	Comparing two treatments for generalized anxiety disorder within routine care - Intolerance of Uncertainty vs. A Metacognitive Intervention Vilgot Huhn Karolinska Institute

	15.15 – 15.40	<i>Patient-reported unwanted events and deterioration rates during group-based acceptance and commitment therapy for fibromyalgia</i> Alexander Rozental Luleå University of Technology
	15.40 – 17.00	Network meeting for PhD students in clinical psychology Organizer: Osame Salim
Friday 28th November		
Children and youth Moderator: Pia Enebrik	9.00 - 9.45	<i>Supporting Developing Youth: Harnessing Developmental Science to Inform Adolescent Interventions</i> Therése Skoog Gothenburg University
	10.00 - 10.25	<i>School absenteeism, pain, stress, and work disability: Lifelong associations from childhood to retirement age</i> Nadezhda Golovchanova Örebro University
	10.25 - 10.50	Fika
	10.50 - 11.15	<i>Evaluation of a Self-compassion Therapist-led Online Group Treatment for Swedish Youth</i> Magnus Vestin Umeå University
	11.15 – 11.40	<i>Emotion Regulation Group Therapy for Adolescents with Deliberate Self-Harm: A quantitative feasibility study and a qualitative interview study</i> Dimitar Krastev Karolinska Institute
	11.40 - 13.00	Lunch and poster session
	13.00 - 13.25	<i>Parental Problematic Use of Technology Predicts Mental Health in Children</i> Elizabeth Englander Bridgewater State University
	13.25 – 13.50	<i>Enhancing Perceived Safety and Interoception Through a Brief Somatic Experiencing Intervention: Two Randomized Studies in Adults with Childhood Maltreatment</i> Monique Pfaltz Mid Sweden University
	13.50 - 14.15	<i>Does Therapist Training Improve Client Outcomes? A Systematic Review and Meta-Analysis</i> Osame Salim Örebro University
	14.15 – 14.40	Fika and poster session

14.40 - 15.05

Breakthroughs in emotional awareness: exploring sudden gains in internet-delivered psychodynamic therapy for depressed adolescents

Björn Philips
Stockholm University

15.05 – 15.55

Emotion-Focused Online Interventions for Persistent Physical Symptoms: Design and Preliminary Findings from the KOSMOS Project

Daniel Maroti och Peter Lilliengren
Stockholm University