

The experience of Attempted Suicide Short Intervention Program - a qualitative content analysis on longitudinal in-depth interviews with patients

1. Clinical treatment and interventions

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Abstract text

The Attempted Suicide Short Intervention Programme (ASSIP) has emerged as a promising intervention aimed at reducing the risk of subsequent suicide attempts among high-risk individuals. This qualitative study seeks to explore the experiences of undergoing ASSIP through in-depth interviews conducted during and after treatment with patients. Preliminary findings indicate that participants gain lasting insights and experience significant life changes. Key factors influencing outcomes include the establishment of a strong therapeutic alliance and continuity of care, as well as the contextual elements surrounding the treatment. These findings underscore the potential of ASSIP as an effective intervention for suicide prevention.