## Dear all,

While sleet is falling over Stockholm and 2023 is coming to its end, I am summing up SOME of this year's efforts in sustainability at KI and ONKPAT:

- 1. Following an initiative from The Council for Environment and Sustainable Development, a work group was formed to create guidelines for environmental requirements in the procurements at KI.
- 2. KI medical students have initiated so called Planetary Health Report Card 2023, first of its kind at Karolinska and in Scandinavia. The goal is to evaluate KI's activities related to planetary health and sustainability and identify opportunities <a href="https://news.ki.se/students-initiated-kis-first-planetary-health-report-card-a-report-on-planetary-health">https://news.ki.se/students-initiated-kis-first-planetary-health-report-card-a-report-on-planetary-health</a>
  BTW, There are courses at KI for PhD students interested in core concepts in global health and global burden of disease (also climate change health is included), here is one example that you still can apply for <a href="https://kiwas.ki.se/katalog/katalog/kurs/9831">https://kiwas.ki.se/katalog/katalog/kurs/9831</a>
- 3. At our Department, we continue doing service of the ventilated hoods and centrifuges, keeping flammables off the benches, sorting waste and folding cardboard boxes, doing chemical inventories and keeping our own health in shape.
  For the upcoming holidays:
  - Brush away snow and ice from the -80 freezers!
  - Pack away the yellow boxes (combine/fill up them to save resources)
  - Do not leave behind any food or fruits eat them up!

Happy holidays!

Our motto: we can make a difference!

Katja

