#### FREE xMOOC COURSE

## TO TALK ABOUT HEALTH WITH OLDER PEOPLE

This is a course for you who meet older people with cognitive disabilities and want to get more understanding of and skills in good communication with older adults and their significant others regarding health and health information.

The course is provided digitally in a xMOOC-format (extended Massive Open Online Course). You will take part of lectures, films, articles, and quizzes and get the opportunity to reflect on examples and challenges around talking with older adults about health.

The course is based on evidence-based methods within healthcare and the teachers in the course

Self-paced

### Interested?

#### Enroll via the QR code



# Information about the course

 All welcome to participate

have vast experience of working with older adults and/or health communication and health literacy.



## **Course provider**





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- Short course
  introduction and four
  units
- About 10–30 hours of studies/unit
- Certificate after completed course

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