Read the newsletter in your browser Spring 2023

Dear master students at LIME,

Summer is finally here!

A big congratulations to all our second year students who are graduating and leaving LIME to bring their knowledge and experiences into their futures. It always feels empty when students are leaving KI, but we look forward to following your journeys from now on so make sure to connect to your programme management on LinkedIn.



From left: Mia von Knorring, Madelen Lek

And for the rest of you who are leaving your first year, we have asked our examiners to compile some good advice about your upcoming degree project courses next year. We hope that is of some help.

Enjoy the summer and if you happen to be in Stockholm, we have some tips for you on what to do.

Yours

Mia von Knorring & Madelen Lek

Departmental Director of Education (GUA) & Assistant Departmental Director of Education

LIME NEWS

A mix of LIME internal news about research, new teachers, LIME talks, HI Conversations and more

2023-06-07 The KI Medical Ethics Conference

2023-06-02 Disputation Amina Guenna Holmgren, CHE

2023-06-09 Dissertation Peter Sjögårde, HIC

2023-06-09 LIME talks: Sweden and the covid-19 pandemic – Reflections for the future



NEWS FOR YOU

News specifically aimed at students at LIME

Apply for your degree

In Sweden the degree is not awarded automatically. Instead all students need to apply for their degree when they are finished with all courses in the programme. You apply through **Ladok**.

For students in the Health Informatic's programme, Stockholm University processes all degrees. You apply through **SU Ladok**.

Don't forget to update your personal number if you haven't already before applying for degree. Send the new civic number to **ladok@ki.se** to have it updated (and **ladok@su.se** for HIC students).

- Contact the Degree department at KI
- · Contact the Degree department at SU

Need a certificate with signature and stamp?

If you need a certificate with a signature and stamp, please send an e-mail to **arkivet@ki.se**. They are fully staffed all summer and can help you quickly.

Who to reach out to during the summer

Summertime means vacation and below you can see when we in the programme administration are on vacation:

- Malin Sandell, Study counselor: June 15-18, June 23-28, July 17 to August 8. Checks e-mails sporadically during this period.
- Liisa Olsson, Programme Officer: July 3-August 2
- Maria Appelgren, Programme Officer: July 10-August 16
- Lena Björk, Programme Officer: July 3-30, August 4-10

What happens to the <u>student account</u> after the studies are finished?

You have access to your student e-mail, Canvas and other systems for **two semesters** after you have finished your studies. However, you no longer have remote access to the library resources or Microsoft 365 when you are not registered as an active student at KI.

At the end of the second semester, you will receive a notice by email to the student-email address when your account will be shut down. Remember to save all important files and e-mails before your account is closed down!

If you're on a study break, you'll keep your account during that time, but no remote access to the library resources or Microsoft 365. If you want to continue using Microsoft 365 after your studies – please contact Microsoft for a private license.

How to update your T-number to a civic number?

Send an e-mail to ladok@ki.se with a copy of the document you received from the tax office.

Meet and greet the newly admitted students

As last year, we will have 'meet and greet' for all newly admitted students in June. If you want to participate and say hello, just send an e-mail to malin.sandell@ki.se

The meetings take place over Zoom:

- · Health Informatics, June 19 between 3:00-4:00 PM
- Bioentrepreneurship, June 19 between 4:00-5:00 PM
- Health Economics, Policy and Mangement, June 20 between 4:00-5:00 PM

Autumn semester 2023

The Autumn semester officially starts on August 28, 2023.



ALL ABOUT THESIS WRITING

As a grand finale on every master's programme, all students need to complete a 30 credits master thesis project. Many students' express anxiety and stress about this work already in their first year, and therefore we have asked our examiners on our programmes, what you as a student should think about to keep calm and prepare.



Hanna Jansson & Madelen Lek
Hanna Jansson, Course leader BEM and Madelen Lek,
Programme Director MBE



Hey Hanna and Madelen,

You are the examiners for the thesis on the master's program in Bioentrepreneurship. Can
you briefly describe what the thesis process looks like at MBE?

We have a very structured process with different deliverables and check-points throughout the course, the first submission of a project proposal is due in late november and then we work step wise on a project plan, midterm report and final degree report, we also have group supervision which has been very successful. Usually the course start with two weeks of lectures and workshops to get everyone started.

· In which areas can you write your thesis?

You can write your thesis in basically any subject that can be related to the course courses that you take in the programme. You will know if your project is suitable when your proposal is assessed at the end of the year.

· As a student, how can you best prepare for the thesis course?

Start looking for a thesis placement (if you want to do your degree project in a company or organisation) in good time. Remember that you are doing a degree project course and you will not be able to work full time and write on your spare time. This needs to be clear to any collaborators. Also try to find a partner in class that you can write your thesis with. We like to encourage people to work in pairs with students that they know that they can work well with and that has a common interest. This is only a suggestion though, you are of course welcome to do an individual thesis as well.

 What is your most important piece of advice for our year 1 students, who will be starting their thesis work next year?

<u>Plan your time</u> wisely and make sure that you do not plan to work full time during the degree project course. And of course "trust the process".

We have all been students once upon a time. How do you remember your own thesis work

and what did you write about?

As we are both natural scientists by training, we did our degree projects in a lab which is quite different from an MBE thesis. It was a great opportunity to learn but also to use all skills that you had been trained in during the studies.



Sabine Koch

Sabine Koch, Course leader, Health Informatics masters

Hey Sabine,

 You are the examiner for the thesis on the master's program in Health Informatics. Can you briefly describe what the thesis process looks like in the HI program?

As the Health Informatics program is a joint program between KI and Stockholm University, we offer two master thesis courses, one at each university. Students can choose at which university to enrol. This decision is made based on the affiliation of the main supervisor who works at one of the two universities.

Students enrolled in the KI course usually pick one of the topics that are offered by KI teachers or researchers, find their own topic in one of KI's many research groups, at a company or a healthcare provider, or they do their thesis at a university abroad. During the course we have different milestones where we discuss the progress of each student's work in smaller seminar groups and students also get written feedback by thesis reviewers at different points in time.

· In which areas can you write your thesis?

Health Informatics as a discipline is quite broad and our students do their thesis work in very different areas such as: design and development of digital solutions, usability and user experience evaluation, digital health implementation processes, integration and interoperability including health informatics standardization, and artificial intelligence.

· As a student, how can you best prepare for the thesis course?

The master thesis is an opportunity to apply the knowledge that you have gained throughout the program but also a great opportunity to prepare for your future.

- What subjects during the program appeal most to you?
- Do you want to work in the tech industry, at a healthcare provider, or do research in the field?
- Do you want to gather some more experience in another country and do your thesis abroad? These are some questions that you might want to reflect upon yourself. It will help you finding a topic and environment that fits your needs.

Do some literature research once you have decided your topic so you get an overview of related work and can pinpoint the specific problem you want to tackle. The most common mistake is that students try to grasp too broad. They want to solve many problems, but that's just not feasible to do in the context of a master thesis. Look at previous master theses to get a feeling for what is expected.

 What is your most important piece of advice for our year 1 students, who will be starting their thesis work next year?

<u>Do not panic!</u> Chose a topic that really interests you and you will do a good job! Apart from that: Read the instructions and engage in the different seminars that are offered during the course to discuss your progress with your peers.

 We have all been students once upon a time. How do you remember your own thesis work and what did you write about?

My own thesis work was the reason I went to Sweden. I had no previous relation to Sweden and getting there in the middle of a dark and rainy November was perhaps not the best first encounter to wish for. "I can cope with this for half a year", I said to myself. In fact, it was the start of an exciting and challenging journey working with the world leading dental informatics researchers at that time. My own thesis work consisted of developing algorithms to assess the quality of digital intraoral radiographs automatically. I stayed longer than the planned six months and those who want to read more about my journey can look it up in the International Journal on Biomedicine and Healthcare.

Mathilde Sengoelge

Mathilde Sengoelge, Course leader, HEPM

Hey Mathilde,

 You are the course leader of Degree Project in Medical Management at HEPM. Can you briefly describe what the thesis process looks like?

The process of writing the thesis consists of the following 4 key deliverables:

- 1. Thesis proposal early December, to share the area of interest, name of supervisor, preliminary title of thesis, and significance, motivation for the proposed study.
- 2. Project plan early February, to obtain an overview over the thesis project and to set a clear and realistic plan for the duration of the master thesis project.
- 3. Half-time report mid March, to ensure progress and meet the needs of any revision of the data collection or any other aspects of the study design. The appropriateness of planned methods for data analysis and any problems encountered will also be discussed during the seminar.
- 4. Final master thesis, with an oral examination for each student to demonstrate the knowledge gained within the chosen topic, application of relevant research methods, and the relevance for the



· In which areas can you write your thesis?

A LIME thesis can be performed in Health economics, Health systems and policy or Health and medical care management.

· As a student, how can you best prepare for the thesis course?

Preparation for the thesis course is reflecting ahead of time on what topics might interest you, what design you want to do (qualitative, quantitative or mixed methods), and reaching out to potential supervisors to ask if that person would be a match for the topic of interest.

 What is your most important piece of advice for our year 1 students, who will be starting their thesis work next year?

My advice would be to have the <u>courage to ask</u> for peer review of your thesis work as it evolves over time in order to be able to hear constructive feedback to improve your research writing orally and in writing.

 We have all been students once upon a time. How do you remember your own thesis work and what did you write about?

My Master thesis at Hopkins focused on resources for injury prevention in a global health setting. What I remember is that looking at theses completed made the thesis project look easy, but the process opened my eyes to the non-linear process of research, in which I experienced the 'roller coaster' of highs and lows related to the complexity of research in addressing the social determinants of health.

SHARE YOUR STORY

Do you want to share your thesis experience with other students?

In the next newsletter, we want to have some interviews with students who just completed their master degree project. Interested to share your journey? Send an e-mail to malin.sandell@ki.se



FRIENDLY REMINDERS & USEFUL LINKS

A mix of useful information, links and advice.

What to do if you experience an unacceptable behaviour at KI?

If you have been exposed for discrimination, harassment or any other unacceptable behaviour you should report it. KI wants to have a safe work environment for both employees and students.

What to do if you want to report?

You can contact your study counsellor or any other person that you have confidence in. You can
also make an official report.

If you make an official report, it will be investigated by the Head of the department. If you do an anonymous report, you cannot get any feedback what has happened in your case. Save all documentation if needed later on.

You can consult the Studentombudsperson at MF.

LINKS

- · Contact information for the LIME educational staff
- · Ethics at KI
- Student blogs
- Student Wellbeing Centre

Have a lovely summer!

How do you rate the LIME student news letter? Let us know!











The LIME student news is intended for all students at the department and is sent out two times per term. Let us know if you wish to include something in upcoming newsletters by contacting malin.sandell@ki.se

