

**AREA INFORMATION  
KI RESIDENCE  
SOLNA**



**Karolinska  
Institutet**





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## **WELCOME TO KI RESIDENCE SOLNA**

**Postal address:** Fogdevreten 11-15, Solna

**Closest bus stop:** Karolinska institutet  
Biomedicum

**Closest subway station:** Sankt Eriksplan

**Closest supermarket:** Hemköp Torsplan

More info [at this link](#).

# MOVING IN

## KEY PICKUP

Your keys are to be picked up from a coded key box on the entrance floor at Fogdevreten 13.

You will find the key boxes on the wall, just inside the entrance. The key boxes are located on the right hand side when entering the building, next to the KI Housing Reception.

The code to the key box is written in the arrival email that is sent to you about 1-2 weeks before your arrival.

Remember to press the code followed by # to open the key box.

## TIME FOR THE KEY PICKUP

The keys are usually available from 14.00 on the starting date of your contract.

If the starting date of your contract is on a weekend/red holiday, the keys are available from 14.00 on the last working day before the starting date. After that, you can pick up your keys whenever you want to.

## CODE TO THE ENTRANCE

The code to the entrance at Fogdevreten 13, where the key boxes are located, is written in the arrival email.

## FINDING THE RIGHT APARTMENT

Whether you will be staying at Fogdevreten 11, 13 or 15, you will have to pick up your keys from the key box at Fogdevreten 13.

After picking up your keys, you must go outside again and find the right address if your room/apartment is located at Fogdevreten 11 or 15.

The postal address is stated in your contract and in the arrival email.

## DO NOT FORGET BEDLINEN AND TOWELS!

The rooms/apartments are furnished and the beds are equipped with mattress, mattress cover, quilt (size 150x200 cm) and pillow (size 50x60 cm) but *please note that you need to bring your own bed linen and towels.*

## KEYS

You will find your key tag in a paper bag marked with your name. Make sure that you take the right key bag marked with your name and apartment/room number as there may be several key bags in the key box.

The tenant is responsible for the keys during the whole rental period and a fee will be charged if the keys are missing.

## INTERNET

There is a modem in every studio/apartment that gives you WiFi-access.

The modem is located in the fuse box in the hallway.



Picture of the fuse box in the hallway

You will find the name of the network and the password on a WiFi-sticker on the fuse box or beneath the modem.

# LOCATION

## HOW TO GET TO KI RESIDENCE SOLNA

KI Residence Solna is located on the KI Campus in Solna, at Fogdevreten 11-15.

### FROM ARLANDA AIRPORT

There are several ways to get to the city from Arlanda Airport.

#### Airport Coaches

One of the options is to take the Airport Coaches (Flygbussarna) to Sankt Eriksplan. The journey takes about 45 minutes. For information regarding tickets and fares, please [see this link](#).

From here you may walk (about 2000 meters) by following the directions in Google Maps [at this link](#) or take the bus. In the section "from Sankt Eriksplan" you can get further directions.

#### Arlanda express

Another option is to take the high speed train Arlanda Express to Stockholm C. The journey takes about 20 minutes. For information regarding tickets and fares, please [see this link](#).

From Stockholm C you may take the subway to Sankt Eriksplan. In the section "from T-centralen" you can get further directions.

#### Taxis

There are many taxi companies in Stockholm and taxis are easy to find at Arlanda Airport. Call the taxi companies switchboards to order a taxi.

It is important that you always ask the driver for an approximate price before entering a taxi. Beware of scams and do always use the reputable taxi companies in Stockholm:

- [Taxi Stockholm](#)
- [Sverige Taxi](#)
- [Taxi Kurir](#)

## FROM T-CENTRALEN

The easiest way to get to KI Residence Solna from Central Stockholm is to take the subway from T-Centralen to Sankt Eriksplan (the green line towards Hässelby strand).

From Sankt Eriksplan you can either walk to KI Residence Solna (about 2000 meters) by following the directions in Google Maps [at this link](#) or catch bus No. 3 from Karlbergsvägen. See the directions below.

### FROM SANKT ERIKSPLAN

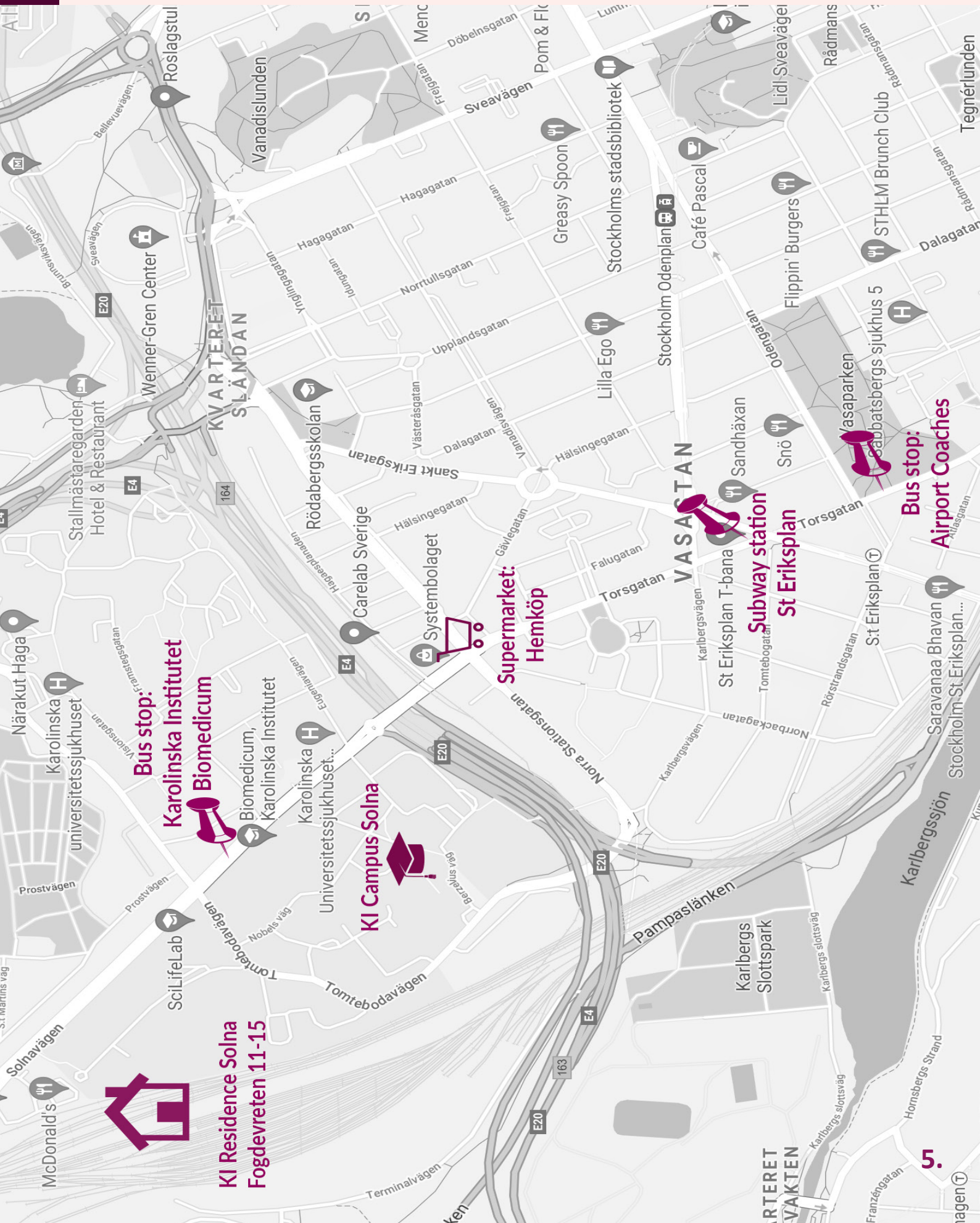
If you want to take the bus you may take the exit "Torsgatan/Karlbergsvägen" from the subway station. From Karlbergsvägen you may take bus No. 3 towards Karolinska Sjukhuset. Get off at Karolinska Institutet Biomedicum\*. The travel time is about 5 minutes.

\*Always check [the website of SL](#) as bus stops and routes may change.

You may walk from the bus stop to KI Residence Solna (about 400 meters).

Please see the directions in Google Maps [at this link](#) or the map on the following page to find your way.

# MAP



**KI Residence Solna  
Fogdevreten 11-15**

**Bus stop:**

**Karolinska Institutet  
Biomedicum**

**KI Campus Solna**



**Supermarket:  
Hemköp**



**Subway station  
St Eriksplan**



**Bus stop:  
Airport Coaches**





# ELECTRONIC KEY SYSTEM

## ELECTRONIC KEY SYSTEM

In KI Residence Solna, an electronic key system is installed.

All tenants receive a personal electronic key tag upon arrival.

## NUMBER OF KEYS

If you are staying in a studio, you will receive two electronic key tags.

If you are staying in a studio with shared kitchen, you will receive one electronic key tag.

If you are staying in a room in a shared apartment, you will receive one electronic key tag.

The key tag goes to your room and/or apartment, the entrances, the laundry room, the cleaning equipment room, the Environment station and the mailbox.

## HOW TO ENTER THE MAIN ENTRANCE

To open the main entrance door, you will be using your electronic key tag.



To enter, you hold the electronic key tag in front of the reader marked ((( ))) . The reader is located beside the door, on the left hand side.

## CHANGE YOUR PIN-CODE UPON ARRIVAL

When you use the key tag on the key reader outside the main entrance at Fogdevreten 13 for the first time, you will be asked to choose a personal PIN-code.

We ask you to follow the instructions below in order to choose a personal PIN-code:

- Go to the key reader outside Fogdevreten 13 after you have picked up your keys.

- Blip the key tag on the key reader where the marks ((( ))) are found.

- The reader will then ask you to change the PIN code. Follow the instructions in the reader. The old PIN-code is 0000.

Note that you do not need to use the PIN-code to enter your apartment or the main entrance, the key tag will work without a code. However, it is important to change the PIN-code in order to activate your key tag.

The personal PIN-code must be used when entering the buildings through the evacuation entrances.

# ELECTRONIC KEY SYSTEM

## HOW TO OPEN AND LOCK YOUR DOOR

1. If you want to enter your room/apartment, you open the door by blipping the electronic key tag at the bottom of the lock marked (( ( ) ).



The lock has a code lock and regular lock as well but those are not in use for security reasons.

2. Before entering the apartment and closing the door, blip your key tag again so that the green light turns off

3. The door is now locked and no one can enter your room/apartment without the key tag. Please note, that when you leave your room/apartment and close the door, the door is locked. For this reason, you must remember to always bring the key tag before closing the door.

Note that the apartment/room door will remain locked when you have followed the instructions above.

[At this link](#), you can view a video that shows how to open and lock your door in KI Residence Solna.

## LOCKS IN SHARED APARTMENTS

The front door to the shared apartment will be locked automatically when closing the door. For this reason, you do not need to lock the door manually.

It is therefore important that you always remember your key tag when leaving the apartment.

*Note that you may not lock the front door of the shared apartment from the inside as this will prevent your flat mates from entering the apartment.*

The door to the rooms in the shared apartments must be locked manually. See the information to the left for instructions on how to open and lock your door.

# MAINTENANCE

## MOVING-IN CHECKLIST

An inspection of your room/apartment has been made before your arrival.

We ask you to check the condition of your room/apartment and to submit a moving-in checklist upon arrival. The moving-in checklist is available in the customer portal within a few days after your arrival and it must be completed within 10 days from the starting date of your contract. In this checklist, you can report any damages or remarks in the accommodation.

If you cannot complete the checklist within 10 days, we ask you to send an email to:

[housingservice@ki.se](mailto:housingservice@ki.se)

## REPORTING MAINTENANCE ISSUES

As a tenant of KI Housing, you are expected to take care of your home during the whole leasing period.

As a tenant, you are responsible for doing the following things in your own room/apartment:

- Changing light bulbs. For instance, above the sink as well as in the bathroom. Light bulbs can be bought in any grocery store or at e.g. Clas Ohlson.
- Cleaning the floor drain in the bathroom as well as the strainer in the wash basin and the sink.
- Wipe clean air vents regularly.
- Clean and, if necessary, defrost the fridge and freezer.
- Clean the kitchen fan filter regularly, approximately every other month as grease can easily get caught in the filter.

If you find that something is not working, or if anything is broken, we ask you to submit a maintenance service report in [our customer portal](#).

## HOW TO REPORT A MAINTENANCE ISSUE

1. Login to our customer portal [at this link](#).
2. Go to "maintenance" in the menu on the left hand side.



3. Click on the "+"-icon in the right corner



4. Please select a category and describe your maintenance issue in the form.
5. Read the terms and conditions and go to "next".
6. If you have any pictures of the maintenance issue, you can upload them in the second step.
7. In the third step, you will find a summary and if all details are correct, you can go to "submit".



# ON-CALL EMERGENCY SERVICES

## ON-CALL MAINTENANCE SERVICE

The **on-call maintenance service provided by Akademiska Hus** is available at **010-557 24 24** after regular office hours.

*Note that the on-call maintenance service must only be contacted for problems that risk to cause damage to property or person if they are not taken care of immediately.*

When there is no immediate risk, you should wait and contact KI Housing during office hours. Costs for calling the on-call maintenance service for non-urgent issues will be charged to the tenant.

## RESIDENCE ASSISTANTS

There are 4 tenants who are working as our Residence Assistants in KI Residence Solna.

The Residence Assistants are a helping hand for tenants in KI Residence Solna after office hours.

You are welcome to contact them if you have been locked out from your room/apartment, have any problems with the vacuum cleaner or have any other urgent questions/problems outside office hours.

### Contact details:

Email: [ra@kihousing.se](mailto:ra@kihousing.se)

Phone number: 070-2072374

## SECURITY AND DISTURBANCE SERVICE

The security company AVARN takes repeated rounds to make sure that the accommodation area is quiet and safe during night-time.

## ELEVATOR PROBLEMS

For elevator problems, call **KONE** at **0771 - 50 00 00**.

## ON-CALL LOCK SERVICE

If you have been locked out of your apartment or if you have lost your keys and need to get into your apartment outside our office hours, we ask you to call our **Residence Assistants** on **070-2072374** who can open the door for you.

In case they would be unavailable and you need access to your room/apartment urgently, you can call **Akademiska Hus** at **010-557 24 24** after regular office hours.

We ask you to provide the following details when calling the on-call lock service:

- That you are a KI Housing tenant
- What address you are staying at
- Your apartment number
- Your name

The cost for consulting the on-call lock service will be charged to you. Please note that the on-call lock service can only help you to open the door. A new electronic key tag can be ordered from KI Housing during office hours. The cost for a new electronic key tag is SEK 500.

## IN CASE OF FIRE / FIRE ALARM

### In case of a real fire, call 112

Warn all those exposed to the fire and evacuate the building by following the evacuation routes.

### In case of false alarm in common areas

Call the KI Housing staff (during office hours) or our **RAs** at **070-207 23 74** (outside office hours).

### In case of false alarm in the apartment

Open the small window in the apartment to let the smoke out. The fire alarm will sound for about 3 minutes and then it will automatically be silenced. If there is smoke left, the detector will start to sound again.

See further information about the fire safety in KI Residence Solna on page 16-18.

# BATHROOM

## CLEANING THE FLOOR DRAIN

If you are experiencing a blockage in the shower or deviant odor in your bathroom you most likely need to clean the floor drain.

The water trap in your floor drain is supposed to prevent that bad odor from the sewage system reaches your bathroom. However, if soil or hair block the water trap you may experience deviant odors from the floor drainage.

### How to clean the floor drain:

**1.** Carefully remove the strainer/sieve. In most cases you can easily remove it simply by lifting it using a screw driver or a similar tool. In some cases, the strainer is attached and you may need to remove the screws before you can lift it up.



**2.** Remove the water trap, the small bucket-looking container. Clean the container inside-out and ensure remainders of soap and hair are removed.



**3.** Put the water trap back into the floor drain and make sure that the rubber seal is compact. The seal prevents bad odor coming from the sewage system.



**4.** Finally, fill the water trap (the small container) with water before you put the strainer back.

## BLOCKED DRAINS

In case you experience that water drains slowly or not at all from the water basin you need to clean the water trap. Soil and hair can easily block the water trap by creating a plug, preventing the water from draining.

### How to remove the plug using a plunger

**1.** A plunger can be found in well-sorted grocery- or construction store. In case of any water leakage, start with putting a bucket underneath the water basin.

**2.** Press the plunger on to the water basin and fill the basin halfway with water.

**3.** Press and pull the plunger and simultaneously cover the small drainage hole inside the basin. The air pressure which you create by doing so will in most cases remove the plug in the system and ensure the water to once again drain easily.

If the plug still does not resolve, you need to submit a maintenance report as the water trap might need to be cleaned.



# KITCHEN

## CHILD SAFETY LOCKS IN THE KITCHENS

For safety reasons, some kitchen cabinets, drawers and ovens are equipped with child safety locks.

When opening a cabinet or drawer with child safety lock, you press onto the safety lock on one side and then you can open. [At this link](#), you can watch a video on how to open a kitchen cabinet, drawer and oven if the child safety lock is activated.

*If cautionness is not taken and it leads to broken knobs or cabinets, the landlord has the right to charge the tenant for this.*



How to open the child safety lock on a cabinet

## THE KITCHEN FAN

The filter in the kitchen fan needs regular cleaning, approximately every other month as grease can easily get caught in the filter.



## HOW TO CLEAN THE KITCHEN FAN FILTER

Despite that kitchen fans can differ to some extent, cleaning is similar.

**1.** Carefully remove the grid on the under surface of the cooker hood.



**2.** Carefully remove the filter from the grid and clean with warm water and detergent for grease dissolution.

**3.** Squeeze the filter and put it back into the grid. Ensure that the filter is not soaked before putting it back.

**4.** Lastly, carefully put back the grid underneath the hood and control that you put the hooks first, similar to when you removed it. Give it a final push.

## REMEMBER TO CLEAN THE STOVE

Always clean the stove directly after cooking. For instance, "Mr Muscle Keramikrent" is great for cleaning the stovetop and to keep it in good condition.

## WET AREAS

It is essential to keep an eye on the wet areas in order to notice deviations and changes. Be extra observant to dampness and mold which easily can occur in these areas if not maintained correctly. Signs to keep an eye on are deviant odors, dampness and discoloration on wall and floor areas.

# HEATING

## TEMPERATURE

The Public Health Agency of Sweden recommends a temperature of 20-21 degrees Celsius (68-70 degrees Fahrenheit) as a guideline for indoor temperatures.

This guideline is used by Akademiska Hus, the landlord of KI Residence Solna.

However, the temperature may temporary fall below or above this temperature depending on the outdoor climate.

You can easily measure the temperature yourself if you experience that the temperature is not in line with the guidelines. When you measure the temperature it is important that you use a thermometer and hold it at least one meter into the room/from the outer wall and 1-1,5 meters from the floor to get an accurate measurement.

## CENTRALLY CONTROLLED HEATING

The heating system used in KI Residence Solna is controlled centrally and is partly affected by the outdoor temperature. This means that during the summer period when the outdoor temperature is higher, the system will switch off and automatically switch back on during the autumn once the outdoor temperature drops.

Due to this, the radiators can be cold or appear to be out of operation even though they are not. Nevertheless, there is a thermostat, a temperature control device, attached to the radiators in your accommodation which gives you the opportunity to adjust the temperature to some extent.

## A few tips and tricks for you as a tenant

- Furnish your home properly. The radiators should not be blocked by furniture or curtains since it prevents the air coming from the radiators to flow freely. The air needs to flow in order to heat other parts of your home.

- Avoid aerating during the winter season. If necessary – make sure to open a window quickly, do not keep it open for more than 5 minutes.
- Only use the kitchen fan when cooking. If the fan is left open when you're not cooking it will pull warm air from the apartment and replace it with cold air which will make the temperature drop in your home.
- Clean the air valves. If you have visible air intakes in your apartment, it is important that these are wipe cleaned every now and then to ensure that they are not blocked.
- Keeping your blinds closed during the night will save heating as the windows become more energy efficient. In the day time the blinds should be open in order to make use of the sunlight.
- If you plan on traveling you should adjust and lower the temperature. However, the radiators should never be completely turned off. This will affect the central heating system and thus affect your neighbors. It can also cause water pipes to freeze and break.
- Keep doors connecting to common areas such as corridors shut.
- Ensure that the entrance door to the building is closed at all times. If not closed properly, cold air will come into the building and affect the overall temperature.

Do you still experience that your home is cold despite the fact that you follow our guidelines? Measure the temperature according to the instructions given and if the temperature shows below 20 degrees Celsius for several days in a row you are welcome to submit a maintenance request [in the customer portal](#).

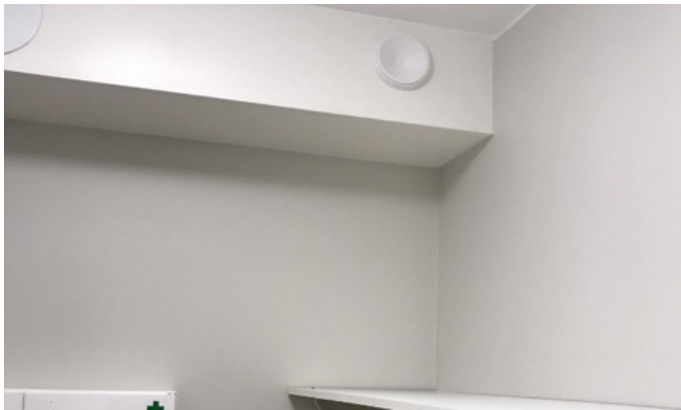


# VENTILATION

## AIR AND VENTILATING YOUR HOME

At some point you might want to vent your home yourself in order to eliminate moist and/or contaminated air. In order to be efficient and avoid affecting the heating system in the building this should be done by creating a draught for a maximum of 5 minutes. The time limit of 5 minutes becomes even more critical during the autumn and winter season. The longer you keep your windows open, the longer will it take for the heating system to adjust your indoor temperature to the desired level.

Whenever you are cooking you should use the kitchen fan to remove fumes from cooking. If necessary, you may need to vent further. However, in this case it is vital that you do not open a kitchen window but rather a window of an adjacent room and leave the door to the room closed. This will prevent the fumes to reach other parts of your apartment.



Ventilation in the walk-in-closet



Ventilation in the bathroom

## VENTILATION SYSTEM

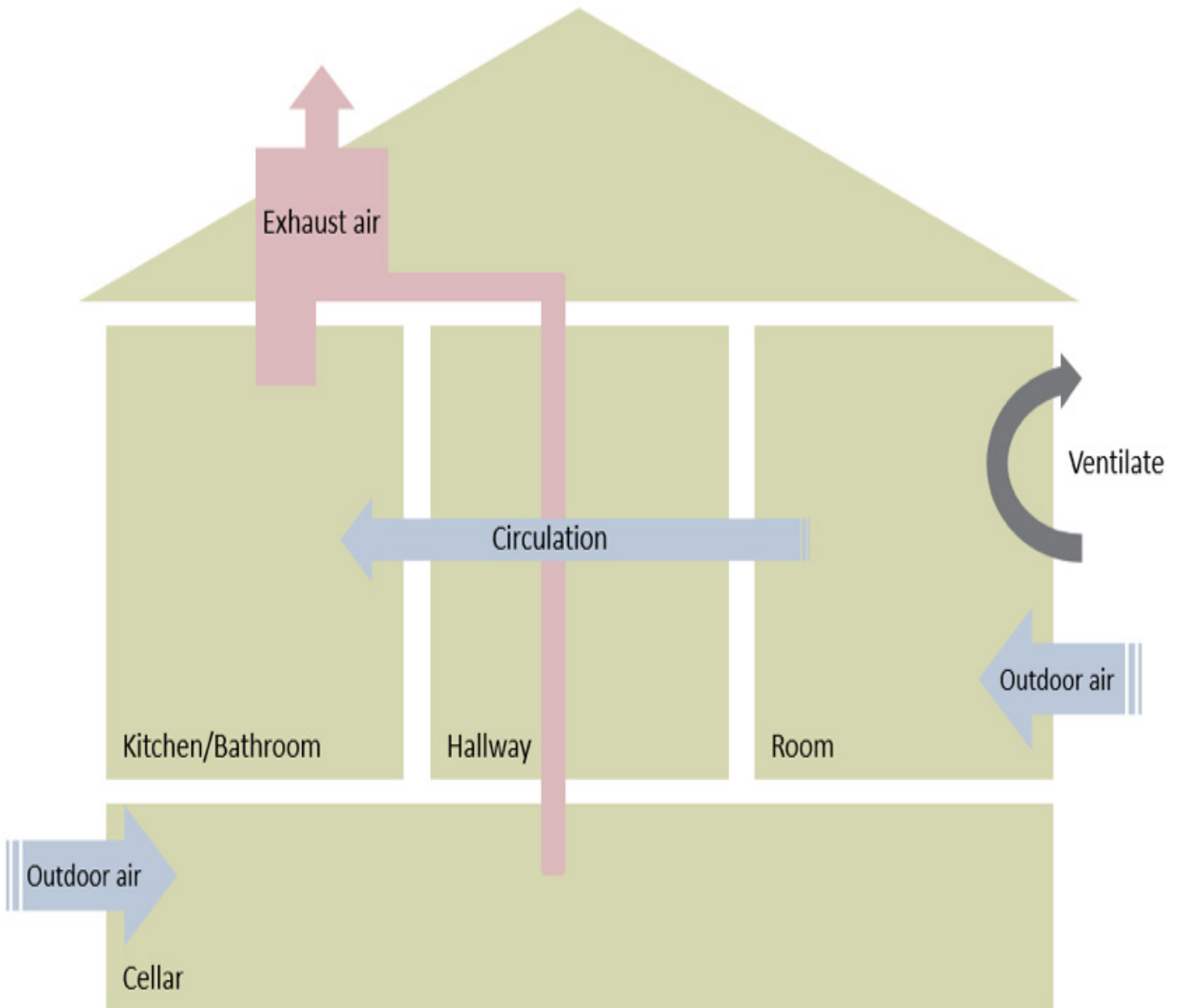
Additionally, your accommodation has a ventilation system in place with the purpose of ensuring fresh air indoors. It is beneficial that you have some knowledge of how the system works. In your home there are both supply air valves as well as exhaust air valves which are run by fans and valves. Supply air valves are usually found in conjunction with radiators or close to the ceiling whereas exhaust air valves can be found in your kitchen, bathroom or other wet areas. See the photos to the left for examples.

Exhaust air valves are run by a fan which exploit contaminated air from your flat through air outlets. For example, air contaminated by cooking fumes or dust. Supply air vents enter your flat through vents in conjunction with windows and/or radiators. It is vital that these are not blocked since it will have negative consequences for the central heating system in the building. It may also cause deviant odor in your home. Neither are you allowed to adjust the valves as it can cause imbalances in the system and affect your neighbors.

Close to the vents you may experience an air flow or even a draught which is expected. This indicates that the system is well functioning. You may also experience and hear sounds from the vents which is created when it is windy outside and air from flows through the system. Note that this system is not an air conditioning system. KI Residence Solna does not have air conditioning systems.

See a figure on the next page that shows how the ventilation system works in KI Residence Solna.

# VENTILATION



The figure above illustrates the functions of the ventilation system and how the different functions relate to one another.



# ELECTRICITY

## FUSES

Each apartment is provided with its own fuse box with fuses which protects the electrical system from overload.

If you are using too many electrical appliances at the same time the power might switch off. These new buildings have fuse boxes with automatic fuses. These will switch off the electricity whenever the system is overloaded.

If the electricity is switched off, you first need to fix the cause – what appliances and/or devices were you using when the electricity was switched off?

Pull the plug from the electrical appliances before restoring the fuses. As soon as you have fixed the cause you simply pull the switch that went off.

More information of your fuse box and the fuses can be found in conjunction to the fuse box in your apartment, see the picture below.

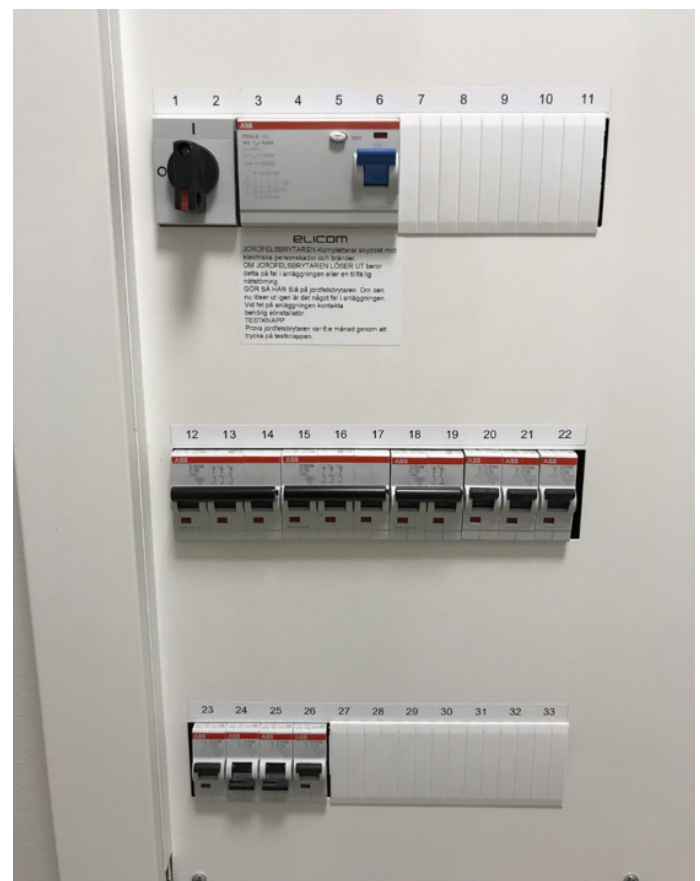


Picture of the fuse box in the hallway

## RESIDUAL CURRENT DEVICE (RCD)

In your fuse box there is also a residual current device installed, a so called RCD. This device is a circuit breaking device protecting the electrical equipment and the operator from electrocution. When the device detects faults in the electrical system or circuit it will automatically switch off all electricity in your home. Before switching it back on you need to pull the plugs from the devices and/or appliances that you have been using – similarly to when a fuse switch.

The residual current device is called JORDFELSBRYTARE in Swedish and fuse is called SÄKRING.



Picture of the residual current device

# FIRE SAFETY

## EMERGENCIES

In case of fire, the need for an ambulance or police, always call 112.

## FIRE ALARM SYSTEM

In KI Residence Solna, fire alarms are installed in each apartment and common area. The fire alarm responds to smoke.

If the fire alarm is triggered in an apartment, it will sound loudly in the apartment. If the fire alarm is triggered in a common area, it will sound loudly in the whole building.

## EVACUATION STAIRCASE

There is an evacuation staircase in each building in KI Residence Solna. The evacuation staircase leads to the emergency exit and the emergency assembly point. If you need to enter the evacuation staircase from outside you must use your electronic key tag and PIN-code.



Picture of the door to the evacuation stairs and the emergency exit.

## FALSE FIRE ALARM - APARTMENT

In case of false fire alarm in your apartment: Open the small window to let the smoke out. The fire alarm will sound for about 3 minutes and then it will automatically be silenced. If there is smoke left, the detector will start to sound again.

## FALSE FIRE ALARM - COMMON AREA

If you have caused a false fire alarm in a common area, always call:

- KI Housing at 08-524 800 00 or Akademiska Hus at 010-557 24 24 during office hours.
- RAs at 070-207 23 74 after office hours.

The fire alarm will sound until it has been deactivated.

## IN CASE OF A REAL FIRE

Warn all those exposed to the fire and evacuate the building by following the evacuation routes.

### 1. Call the fire brigade at 112

### 2. Rescue and warn

- Remember to shut the door when evacuating the room/apartment where the fire has started.
- Warn all those exposed to the fire by activating one of the alarm switches in the corridors:



Picture of the alarm switches located in corridors, common areas and entrances.

### 3. Evacuate the building

- Evacuate the building by following the evacuation routes. There is also evacuation plans on each floor. There is an example of the evacuation plan on page 18.
- Follow the evacuation routes signs that leads you out of the building.
- Go to the assembly point



# FIRE SAFETY

## FIRE-EXTINGUISHER

Fire-extinguishers are placed in corridors, common areas and entrances. These fire-extinguishers are fire protection devices used to extinguish or control small fires.



Picture of the fire-extinguisher placed in corridors

### To use it

- pull the safety device
- aim at base of fire
- squeeze lever

## WINDOW HANDLE

The big window in the room/apartment must not be opened unless there is an emergency situation. There is a window handle attached to the radiator and this must not be removed. Note that this window handle must ONLY be used in case of emergency. *If the window handle is not attached to the radiator upon departure, the tenant will be charged for this.*

## KEEP THE EVACUATION ROUTES CLEAR

It is not allowed to keep garbage, bicycles, shoes or other things, outside the apartments or in the entrances, common areas and corridors, as it can be a fire hazard.

You may be charged a fine if you leave garbage or other things in the corridors and outside the apartments.

## FALSE ALARM

The fire alarm is triggered by smoke, for example smoke from a fire. However, it can also be triggered by cigarette smoke or if cautiousness is not taken when cooking.

In event of a false alarm, KI Housing is charged for the emergency cost. If the fire alarm sets off because of cigarette smoke or if cautiousness is not taken when cooking, the fee for the false alarm may be charged to the tenant.

As a tenant, you also have a duty to take general precautions to prevent fire. [On our website](#), you will find a list with general precautions that you are responsible for in order to avoid spreading a fire in your home.

## FORBIDDEN TO TAKE DOWN AND/OR TAMPER THE FIRE ALARM

It is strictly forbidden to take down and/or tamper the fire alarm. It is also forbidden to activate the fire alarm switches in the corridors, common areas and entrances when there is no fire.

We ask you to be aware of that tampering with the fire alarm is a ground for eviction.

## BE CAREFUL WHEN COOKING

Below is a list with important precautions that you need to have in mind when cooking:

- Always use pots and pans when cooking
- Always prevent the water from boiling over
- Never cook on too high temperatures
- Be extremely cautious when cooking with grease or oil. Be aware of that cooking oil can ignite when it reaches the right temperature.
- Never leave the kitchen when cooking and make sure that you always have turned off the stove, oven, microwave and hot water kettle etcetera when leaving the kitchen.
- Always turn off coffee-makers and toasters etcetera when not in use.

# UTRYMNINGSPLAN

## EVACUATION PLAN

# EVACUATION PLAN

KI Residence Solna  
Fogdevreten 13  
Entréplan (E) / Entrance floor (E)

**TECKENFÖRKLARING / LEGEND**

- HANDBRANDSLÄCKARE / FIRE EXTINGUISHER
- LARMTRYCKKNAPP / FIRE ALARM SWITCH
- UTRYMNINGSVÄG / ESCAPE ROUTE
- VÄG TILL UTRYMNINGSVÄG / PATH TO ESCAPE ROUTE
- TRAPPA SOM UTRYMNINGSVÄG / STAIRCASE USED AS ESCAPE ROUTE
- DU ÄR HÄR / POSITION OF THE BOARD

**VID BRAND ELLER ANNAN FARA**

**RÄDDA OCH VARN**

- Varna de som är i fara
- Använd larmtryckknapp

**LARMA RÄDDNINGSTJÄNSTEN**

- Ring 112

**UTRYM BYGGNADEN**

- Utrymningsvägarna finns markerade på kartan
- Följ skyltningen ut ur byggnaden
- Gå till återsamlingsplatsen

**IN CASE OF FIRE / DANGER**

**RESCUE AND WARN**

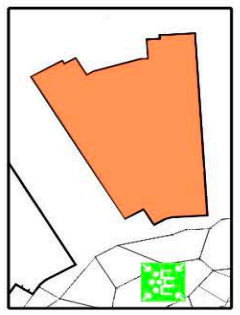
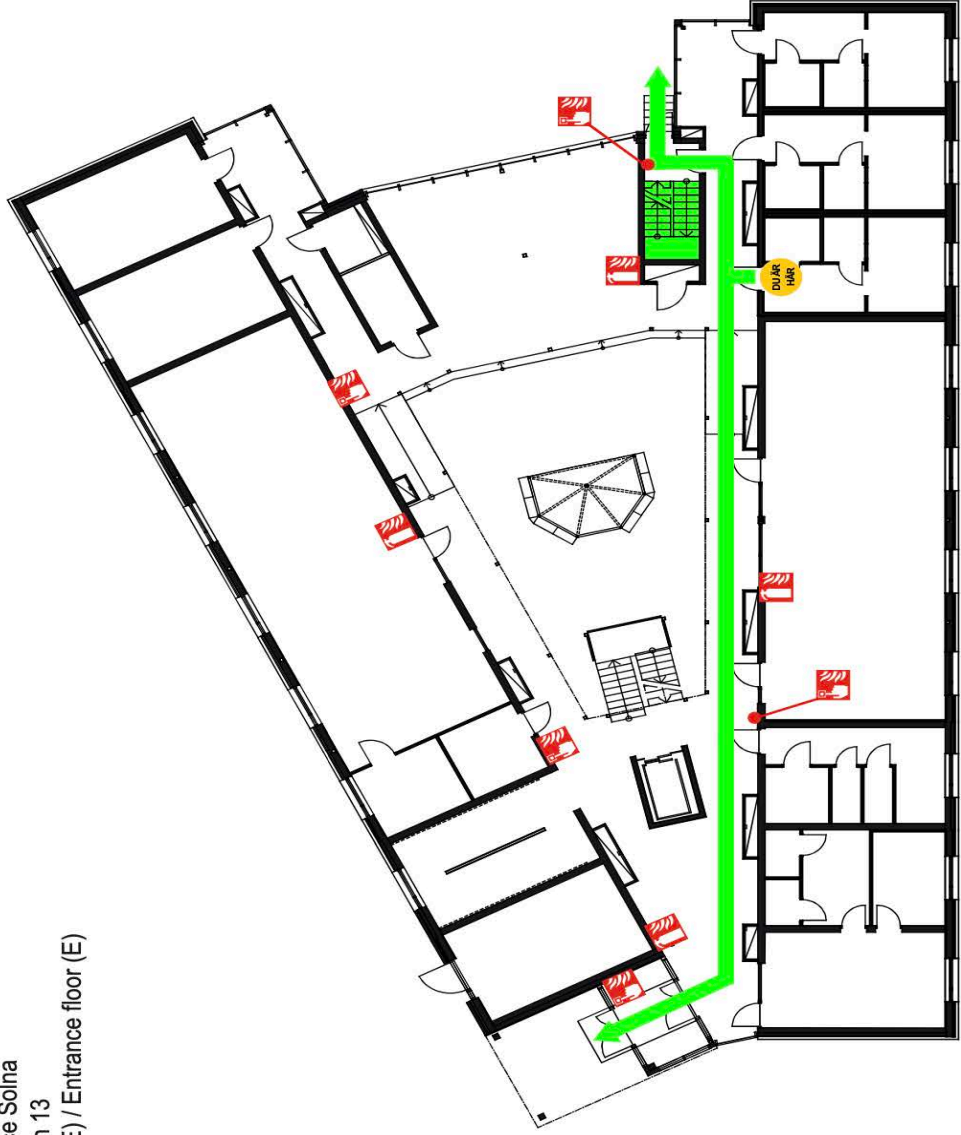
- Warn all those exposed to the danger
- Use fire alarm switch

**CALL THE FIRE DEPARTMENT**

- Call 112

**EVACUATE THE BUILDING**

- Escape routes are marked on the plan
- Follow the signs out of the building
- Go to the assembly point



**ÅTERSAMLINGSPLATS / ASSEMBLY POINT:**  
På Innergården / At the court yard

prevecon  
Vid Fogdevreten 010-7037000, www.prevecon.se

**SA**

Datum: 2020-12-23  
Uppdrag: 20160328  
Filnamn: UP\_1.2-1  
Språk: SA

# CENTRAL VACUUM CLEANERS

## CENTRAL VACUUM CLEANING SYSTEM

A central vacuum cleaning system is installed in KI Residence Solna.

This is a built-in system that has pipes that run through the interior walls and those are connected to a large vacuum system in the building. Wall-mounted inlets are placed in the walls in the corridors allowing all tenants to easily attach and detach a hose to vacuum a room or an apartment without hauling around a heavy vacuum cleaner.

## VACUUM CLEANER NOZZLE AND HOSE

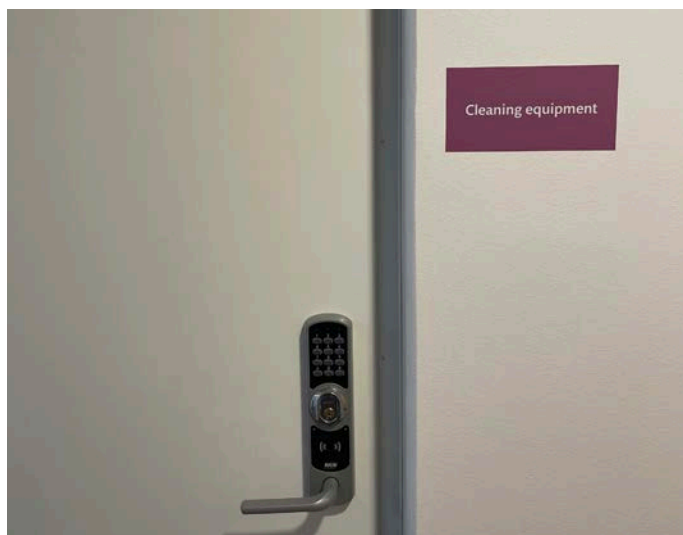
Where to find the vacuum cleaner nozzles and hoses depends on what floor you live on:

### Staying on floor 1-6

All tenants on floor 1-6 will find vacuum cleaner nozzles and hoses in the storage room.

If you are standing in front of the elevator (with the elevator behind your back), you will find the storage room in the end of the left corridor. The storage room is marked "Cleaning equipment".

You can enter the storage room by using your electronic key tag.



Picture of the door to the storage room (cleaning equipment)

### Staying on the entrance floor

All tenants on the entrance floor will find vacuum cleaner nozzles by following the evacuation stairs down to the storage space.

You will find the evacuation stairs by walking along the right corridor (with the main entrance behind your back). In the end of the corridor, you will find a door on the left hand side that leads you to the evacuation stairs.



Picture of the door to the evacuation stairs

Walk down the stairs to the storage space.

On the left hand side you will find the vacuum cleaner nozzles.



# CENTRAL VACUUM CLEANERS

## CLEANING EQUIPMENT

There are 4 vacuum cleaner nozzles, hoses and other cleaning equipment in the storage room/storage space:



Picture of the vacuum cleaner nozzles

Bring one of them to your apartment and remember to return it once you are done.

## INSTRUCTION VIDEO

Scan the QR-code with your phone in order to watch a video on how to use the vacuum cleaner:



## HOW TO VACUUM CLEAN

1. To vacuum clean your room or apartment, you can plug the hose into any of the wall-mounted inlets in the corridor (see the picture below).
2. Note that both the vacuum cleaning hose and the wall-mounted inlet each have a metal rail that must be connected with each other in order to work.
3. Make sure that the hose is firmly connected with the inlet.
4. Note that there may be a delay of up to 30 seconds until the vacuum cleaner starts.

When you are done, we ask you to remove any fluff or dust before returning the nozzle and hose to the storage room/storage space.

If there are any problems with the vacuum cleaner, you may submit a maintenance request in our customer portal or contact our Residence Assistants at:

Email: [ra@kihousing.se](mailto:ra@kihousing.se)

Phone number: 070-207 23 74

## WALL-MOUNTED INLETS



Picture of the vacuum cleaner inlet

# LAUNDRY ROOM

## LAUNDRY ROOM AT FOGDEVRETEN 13

The washing machines in KI Residence Solna have an automatic self-dosing system which means that they contain internal detergent reservoirs filled with liquid detergent. **Note that it is not allowed to use own detergent as it can destroy the machines.**

You do not need to buy your own detergent for doing your laundry but you will be charged SEK 30 per time slot.



Picture of the laundry room at Fogdevreten 13

## CODE OF CONDUCT

The laundry room is a shared space so it is up to every tenant to leave it clean and tidy for the next tenant. Below are some common rules:

- Empty the machines after use and remove any fluff leftovers in the washing machine, tumble dryer and drying cabinet
- Do not put clothes on the washing machines as the clothes can get caught in the floor drains
- Clean the fluff filter in the tumble dryer
- Wipe off the top of the machines after use
- Sweep the floor
- Remember to bring your clothes once you are done!

*Note that it is only allowed to wash clothes, towels and bed linen in the machines not shoes and/or carpets.*

## HOW TO BOOK A LAUNDRY TIME

To do your laundry, you have to book a time slot in advance. There are two different ways:

### At the booking board

1. Go to the booking board outside the laundry room at Fogdevreten 13.
2. Blip your electronic key tag in the right corner at the bottom of the board marked ((( )))
3. Go to book – here you can book a laundry time slot in advance. You can also see if there are any laundry groups available directly. Choose a suitable date and time in the booking calendar. The system will automatically select an available laundry group. Remember to confirm the booking by selecting “Book” in the pop-up menu.

### In the web portal

[Go to this link](#) and login with the following details:

**Name** - your apartment/room number, for example 2-1001 or 3-1501:2 (note that you should not type 02-1001 or 03-1501:2)

**Password** - the password is 0000 the first time you log in to the web portal. You can choose to change this code to a personal code in the settings in the web portal.

Go to “book” in the upper menu in the web portal, select a day and an available time slot in the booking calendar. Please note that the system will select a laundry group for you automatically. Make sure that you go to the right laundry group when doing the laundry. Otherwise you will take somebody else’s time slot.

### Booking conditions

[Go to this link](#) to read the terms and conditions for the laundry room booking.



# HANDLING OF GARBAGE

## FOOD WASTE

In KI Residence Solna, your food waste must be separated from your other waste. Food waste is all food left-overs (for example peels from fruit and vegetables, egg shells and bread etc.).

The food waste disposals are located outside the buildings. You open the lid by pulling the lid upwards.

Use the compostable paper bag when throwing your food waste. Remember to excess water from wet waste before you throw it away. Never put plastic or other recyclable garbage with your food waste or in the food waste disposal.



Waste disposal for food waste

## DOMESTIC/RESIDUAL WASTE

Domestic waste is to be put in a plastic bag, tightly tied, and thrown in the residual waste disposals located outside the buildings. You open the lid by pulling the lid upwards. If the nearest waste disposal is full, you must use one of the others. Never leave waste outside the disposals.

## RECYCLING

Newspapers, cardboard, plastic, glass and metal must be sorted for recycling. There is an Environment station, located on the left hand side of the entrance at Fogdevreten 13 where you leave your sorted recyclable garbage.



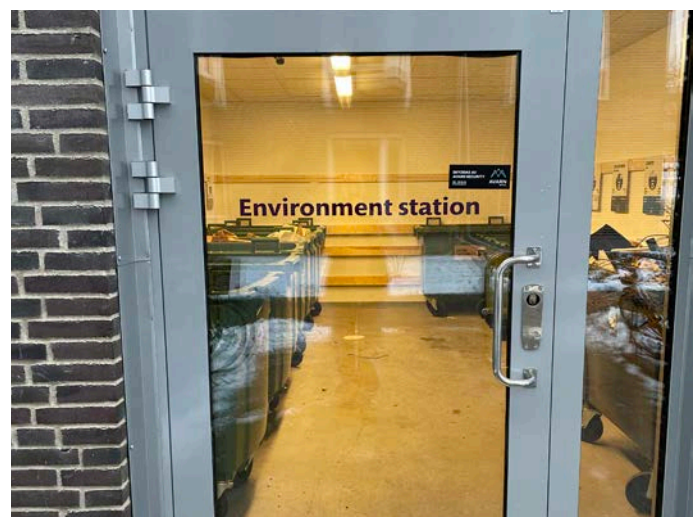
Waste disposal for domestic/residual waste

## BULKY WASTE

There is a disposal for bulky waste in the Environment station located on the left hand side of the entrance at Fogdevreten 13.

## GARBAGE IN COMMON AREAS

It is not allowed to keep garbage in the entrances, common areas and corridors, as it can be a fire hazard. You may be charged a fine if you leave garbage in the corridors. Regular controls are made by the landlord.



Entrance to the garbage/environment room



# GUEST STUDIO APARTMENT

## ABOUT THE APARTMENT

If you are awaiting visits from relatives and friends that want to stay for several days, KI Housing has three guest studio apartments that can be booked by all tenants staying in KI Residence Solna.

The guest studio apartment is 23 square meters and is furnished with one queen size bed (size 140 x 200 cm).

The apartment offers a private bathroom and kitchenette with basic cooking utensils.

The rent for the guest studio apartment is SEK 1400 for the first night and SEK 800 for the following nights.

Bed linen, towels, final cleaning and internet access are included in the rent.

## BOOKING CONDITIONS

- Please send an email to [housingoffice@ki.se](mailto:housingoffice@ki.se) if you are interested in renting a guest studio apartment for your visitors.
- The minimum rental time is 2 days and maximum is 7 days.
- A maximum of two guests per guest apartment is allowed.
- You can cancel the booking for no fee at the latest one week before the arrival date. If the cancellation request is sent less than one week before arrival, you will be charged a late cancellation fee of SEK 500.
- Booking and payment can only be made by the current tenant at KI Residence Solna.
- The cost for the guest room will be added to the following monthly rental invoice.



Queen size bed (bed linen included in the rent)



Bed and dining table for two



Kitchenette with basic cooking utensils

# OTHER

## NON-SMOKING AREA

Note that this is a non-smoking area. Smoking in the rooms, apartments, common areas and entrances is strictly prohibited.

## NO PETS

Note that pets are not allowed.

## MAXIMUM OCCUPANCY

Single room: one person

Studio with shared kitchen: one person

Studio apartment: two persons

## NO HOLE IN THE WALLS

It is not allowed to hang anything on the walls in KI Residence Solna. There will be a bulletin board in each apartment where you can pin personal photos etc.

## DISTURBANCES

According to the Swedish Tenancy Law, activities that may disturb other tenants must not be performed between 22 and 07. Tenants are responsible for their own conduct as well as for their guests.

## WINDOW IN THE ROOMS/APARTMENTS

The big window in the room/apartment must not be opened unless there is an emergency situation. There is a window handle that must always be attached to the radiator. Note that this window handle must ONLY be used in case of emergency.

If the window handle is not attached to the radiator upon departure, the tenant will be charged for this.

## SECURITY IN THE AREA

The security company AVARN takes repeated rounds to make sure that the accommodation area is quiet and safe during night-time.

## COMMON FACILITIES - CODE OF CONDUCT

Anyone using the common facilities is responsible for keeping them clean and leaving them in good order after use.

Please [see this link](#) for information about our rules and regulations that you as a tenant must follow and refer to.

Common rules and code of conduct for the Spot, common kitchens and other common areas are written on the TV-screens.

## GUESTS

You can have over-night guests in your room as long as it does not disturb other tenants. However, you are not allowed to have guests staying in your room on a regular basis.

If you are staying in a shared apartment, you need to ask your neighbor/neighbors whether it is fine to have an over-night visitor or not since the facilities are shared.

KI Housing provides three guest apartments in KI Residence Solna that can be booked by tenants staying in this area.

## TV-SCREENS

There are several TV-screens in the common areas of KI Residence Solna.

The screens will be used by KI Housing for information purposes. On the screens, you will be able to find important tenant information such as contact details to the Residence Assistants, maintenance service and on-call services etc.

Tenants are also welcome to use the screens for presentations and other events. You will find instructions on how to connect your computer on the screens.

# OTHER

## MAILBOXES

All mailboxes are located on the entrance floor at Fogdevreten 13. You will find the mailboxes in a room located on the left hand side of the main entrance when entering the building.

Note that there are different sections in the mailbox room depending on where you stay (Fogdevreten 11, 13 or 15). The postal address is written on the top of the mailbox row.



*Picture of the mailboxes*

## Instructions on how to open your mailbox

1. Open the mailbox by blipping your key tag at the black reader at the bottom of the mailbox row.
2. The light of the knob on the mailbox should now turn blue and the light of the reader should turn green.
3. Open the mailbox by turning the knob clockwise.

If you cannot open your mailbox, you may try to blip your key tag on the black reader at the bottom of the mailbox row to the right.

[At this link](#) is an instruction video on how to open your mailbox.

## INSTRUCTION VIDEOS

KI Housing has published some instruction videos for tenants staying in KI Residence Solna.

You can view the videos [on our website](#).

## OPENING HOURS - KI HOUSING RECEPTION

The KI Housing Reception at Fogdevreten 13 is open:

**Wednesdays:** from 12 to 15

## PARKING

For more information about parking in the area, please contact Aimo Park:

Phone: 0771-96 90 06

Website: [aimopark.se](http://aimopark.se)

## Questions?

If you have any questions, you are welcome to contact us!

Booking related questions:  
[housingoffice@ki.se](mailto:housingoffice@ki.se)

Questions regarding the accommodation:  
[housing@ki.se](mailto:housing@ki.se)

Website:  
[ki.se/housing](http://ki.se/housing)



Karolinska Institutet Housing  
SE - 171 77 Solna  
Sweden

[ki.se/housing](https://ki.se/housing)  
08-524 800 00

We hope you will enjoy your stay with us!



**Karolinska  
Institutet**