

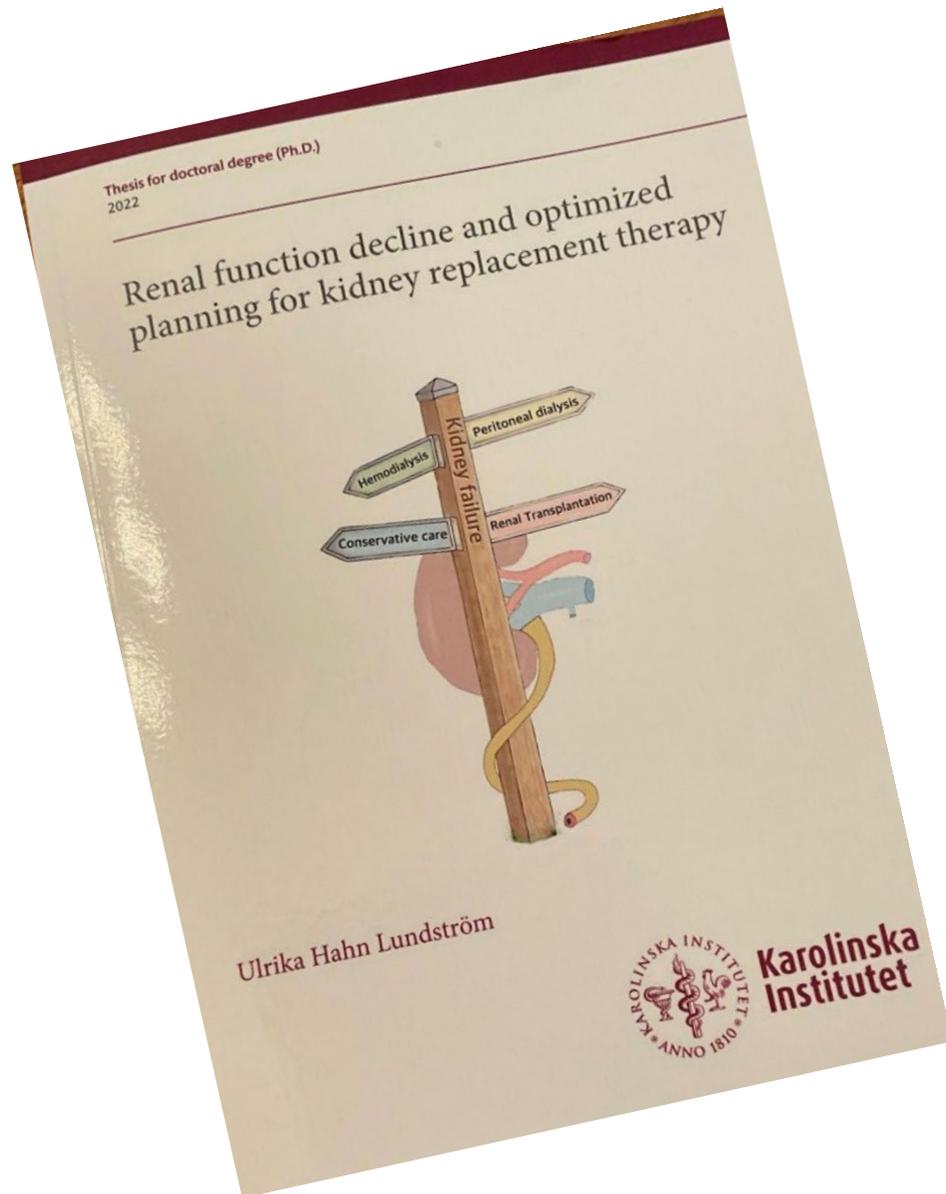
Avtagande njurfunktion och övergång i njurersättande behandling

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Aim:

***“To study factors influencing
the planning and management of KRT
including vascular accesses,
in order to improve
the prognosis and quality of life
for the CKD patient”***

Study I- Impact of progression rate

Fast progression rate
associated to increased
risk for KRT



Age reduces the
risk for KRT



Low renal function
increases risk for
KRT

Lundström et al. *BMC Nephrology* (2017) 18:59
DOI 10.1186/s12882-017-0473-1

BMC Nephrology

RESEARCH ARTICLE Open Access

CrossMark

Low renal replacement therapy incidence among slowly progressing elderly chronic kidney disease patients referred to nephrology care: an observational study

Ulrika Hahn Lundström^{1†}, Alessandro Gasparini^{1†}, Rino Bellocco^{2,3}, Abdul Rashid Qureshi¹, Juan-Jesus Carrero^{1,4} and Marie Evans^{1,5*}

Five-year cause specific probabilities of KRT

Cause-specific probability of RRT	CKD stage	Non - progressors SLOW			Progressors FAST		
		Age			Age		
		<65	65-75	>75	<65	65-75	>75
IIIb	14.5	9.6	6.8	29.7	20.2	14.6	
IV	27.4	18.6	13.4	51.3	36.9	27.6	
V	47.1	33.4	24.9	76.9	69.8	47.3	

Three trajectory classes



Figure 2.

Functional characterization of kidney function trajectories yields 3 trajectory classes: n=26246

- 1 **Consistent slow** decline; 72%
- 2 **Consistent fast** decline; 18%
- 3 **Early non-decline and late fast** decline; 10%

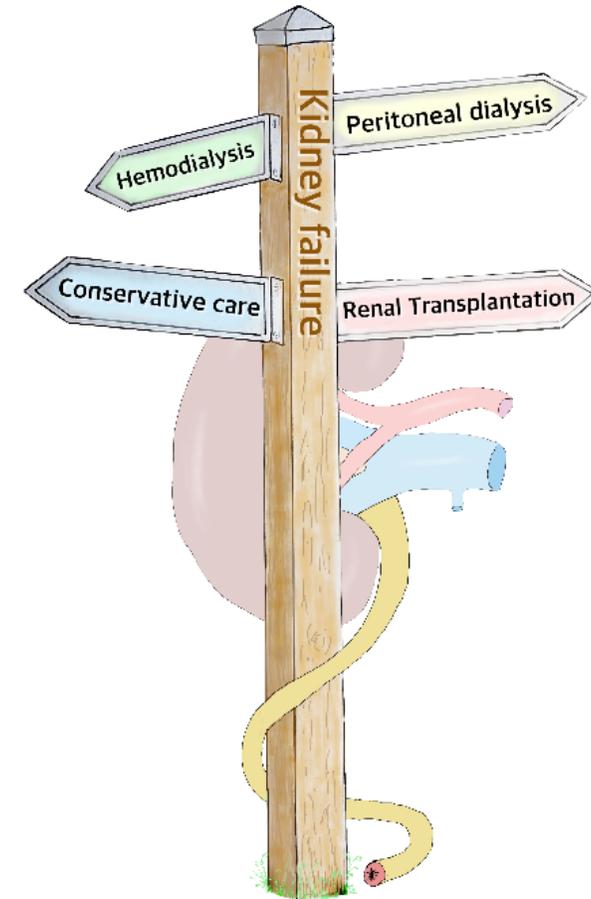
Abbreviation: eGFR, estimated glomerular filtration rate.

Xie et al. Am J Kidney Dis. 2016;68(2):219-228

Study I- clinical implications

Importance of *individualized* predialysis assessment to optimize advice and care

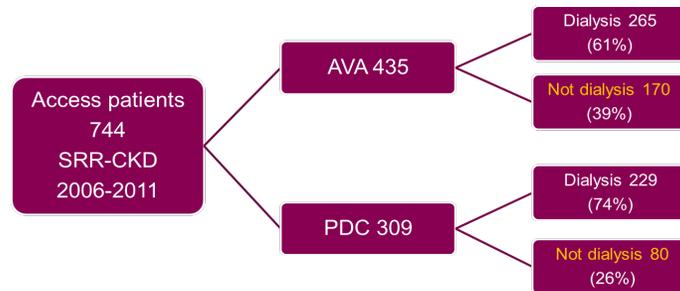
When planning for future care we need to consider *progression rate* and *age*



Artist Dr. John Sandberg

Study II- AV access and progression

Predialysis patients in Stockholm
100 days before and after access surgery



Both AVA and PD had slower eGFR decline

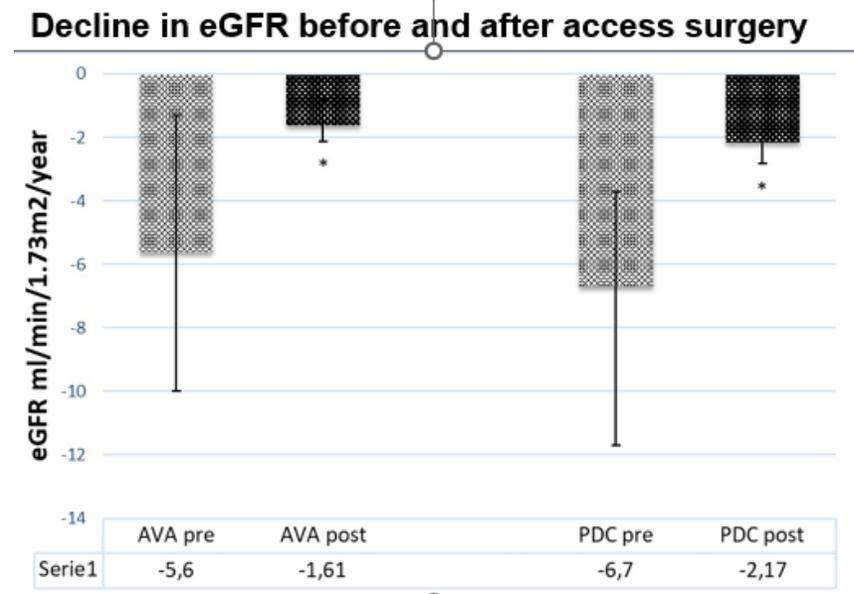
No significant differences in AVA compared to PDC

Nephrol Dial Transplant (2021) 36: 275–280
doi: 10.1093/ndt/gfz221
Advance Access publication 30 October 2019

Arteriovenous access placement and renal function decline

Ulrika Hahn Lundström¹, Ulf Hedin², Alessandro Gasparini³, Fergus J. Caskey⁴, Juan-Jesus Carrero⁵ and Marie Evans¹

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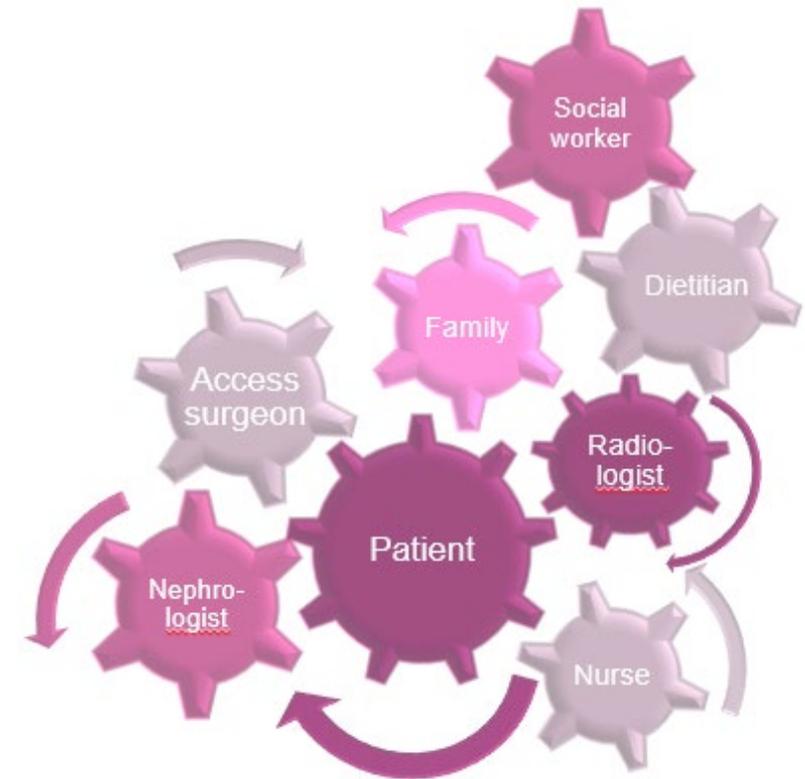


Study II- clinical implications

The importance of pre-dialysis care

Some effects of AVA creation may occur,
no significant influence on eGFR decline
in our study population

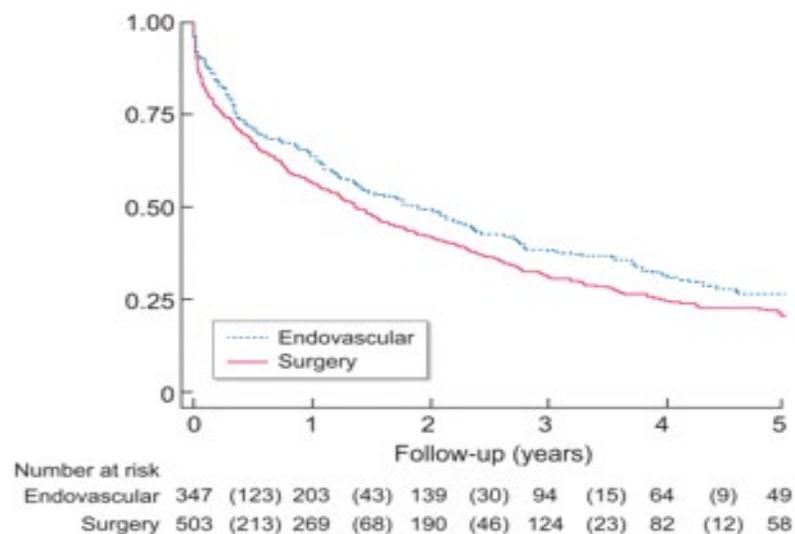
The *need for dialysis* remains the main determinant for
timing of access surgery, no reason for early access
creation to reduce progression rate



Study III - Access thrombosis

Hemodialysis patients with working AV access experiencing first thrombosis

Time to access abandonment, AV access thrombosis treated with surgical or endovascular intervention



Nephrology Dialysis Transplantation (2022) 0: 1–9
<https://doi.org/10.1093/ndt/gfac036>
 Advance Access publication date 9 February 2022

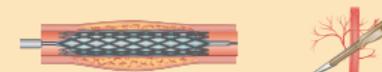


- 1 Surgical versus endovascular intervention for vascular access
- 2 thrombosis: a nationwide observational cohort study

3 Ulrika Hahn Lundström , Gunilla Welander², Juan Jesus Carrero , Ulf Hedén and Marie Evans

4 ¹Division of Renal medicine, CLINTEC, Karolinska Institutet, Stockholm, Sweden, ²Department of Medical Sciences, Uppsala University, Uppsala, Sweden, ³Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden and ⁴Department of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm, Sweden

Results



Access abandonment	Endovascular OR (95%CI)	Surgical intervention OR (95%CI)
30 days	1 (ref)	1.63 (1.11–2.33)
90 days	1 (ref)	1.44 (1.05–1.97)
1 year	1 (ref)	1.25 (0.94–1.66)

No significant difference in time to next intervention or between subgroups

Adjusted odds ratio

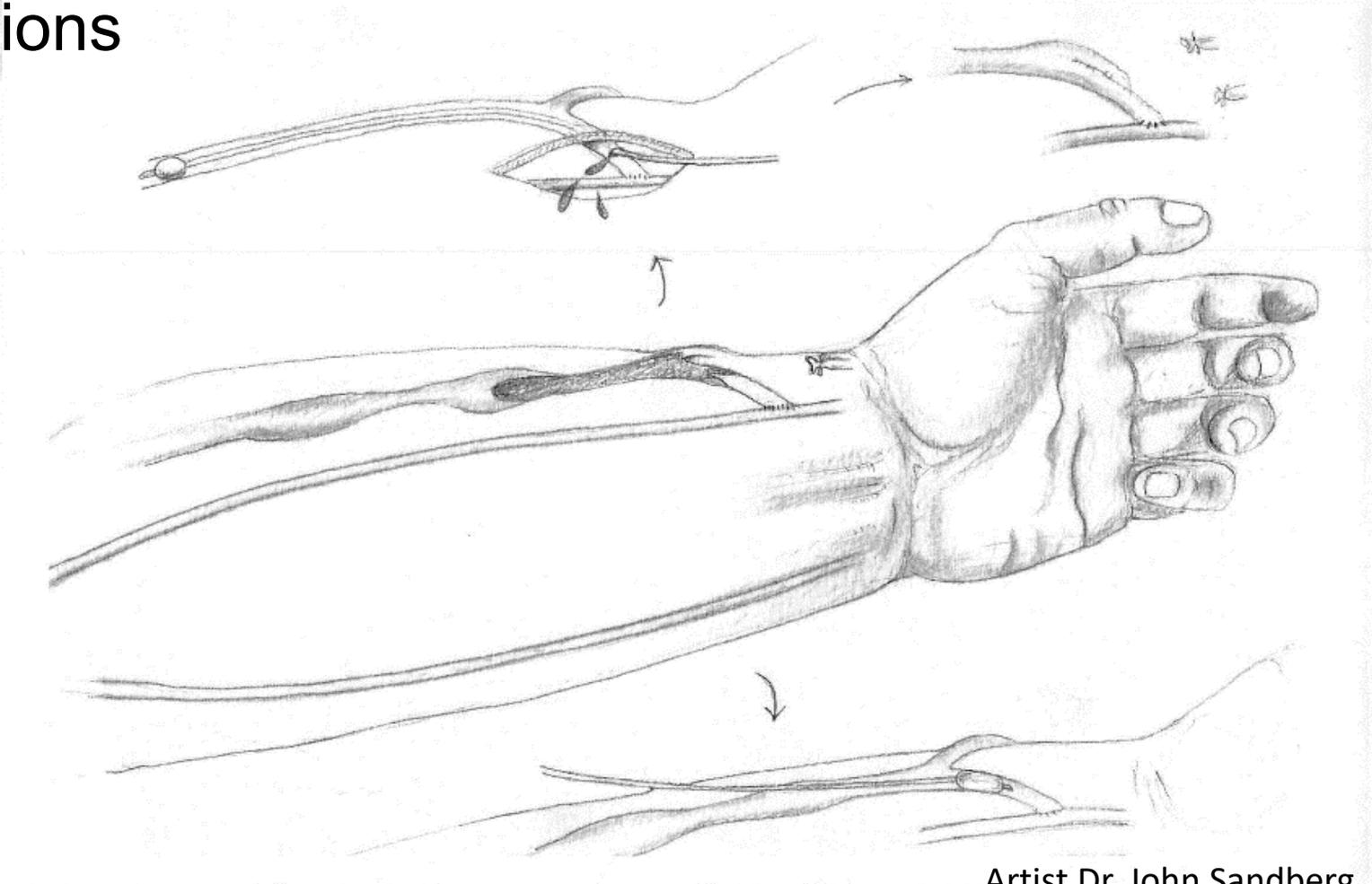
Conclusion

Endovascular intervention is associated with consistent short- and long-term access benefit in hemodialysis patients with AV access thrombosis.

Study III- clinical implications

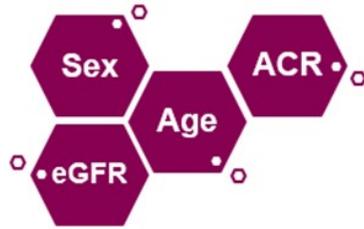
Endovascular methods are **not inferior** to open surgical interventions

Endovascular methods and the possibility of both intervention methods **should be available** in more centers



Artist Dr. John Sandberg

Studie IV- Prediktionsmodell KFRE in access planning



Patients experiencing **KFRE > 40%** risk for KRT in 2 years (n= 7,229) or **eGFR15** (n= 9,281) for the first time

SRR-CKD 2008-2020 (n=28,798), SRR-Access

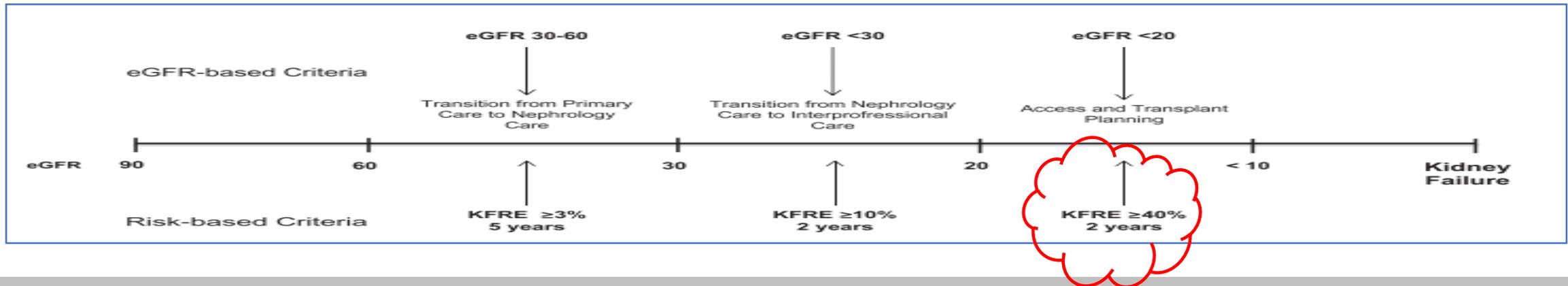
Kidney Failure Risk Equation for vascular access planning; a nationwide observational cohort study from Sweden

Ulrika Hahn Lundström¹, Chava L. Ramspek², Friedo W. Dekker², Juan Jesus Carrero³, Ulf Hedin⁴, Marie Evans¹.

Authors Affiliations:

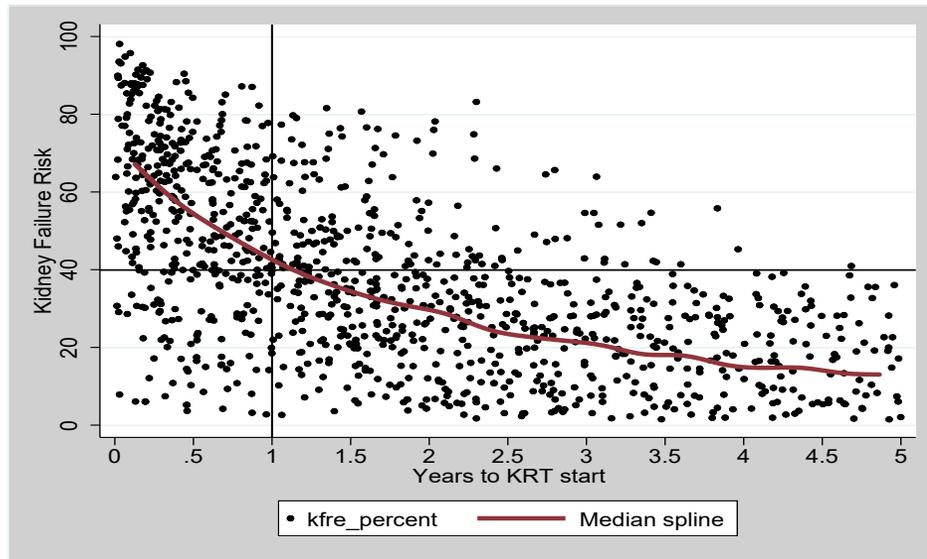
1. Division of Renal medicine, CLINTEC, Karolinska Institutet, Stockholm, Sweden
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4. Dep of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm, Sweden

Outcome: Cumulative incidence of KRT initiation, test diagnostics and mortality within 2 years



Studie IV- Prediktionsmodell KFRE in access planning- results

Development of KFRE before Hemodialysis initiation



Diagnostics of KFRE40 eGFR15 and KFRE40 + registered plan for KRT

	KFRE>40%		eGFR<15ml/min/1.73m ²	KFRE >40%+ plan	
Sensitivity (%)	75	90	88	79	80
Specificity (%)					65

	KFRE>40%		eGFR<15ml/min/1.73m ²	KFRE >40%+ plan		
Time (months)	PPV (%)	NPV (%)	PPV (%)	NPV (%)	PPV (%)	NPV (%)
12	36	94	28	99	42	64
24	56	93	44	98	67	62

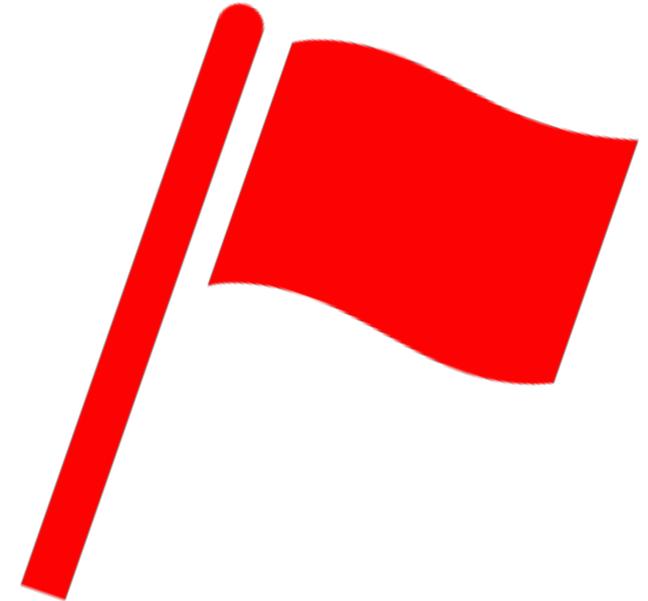
Study IV- clinical implications

KFRE>40%

warning flag, patient entering last heat of pre-dialysis race
time for action

KFRE>40% + clinical judgement

would optimize timing of AV access creation
and increase share of patients starting KRT in working access



Conclusions thesis

Study I

Risk for KRT varied with progression rate and age
Progression rate important to consider in individualized pre-dialysis care

Study II

Access creation was associated to reduced progression rate
No significant difference for Arteriovenous compared to Peritoneal dialysis access creation

Study III

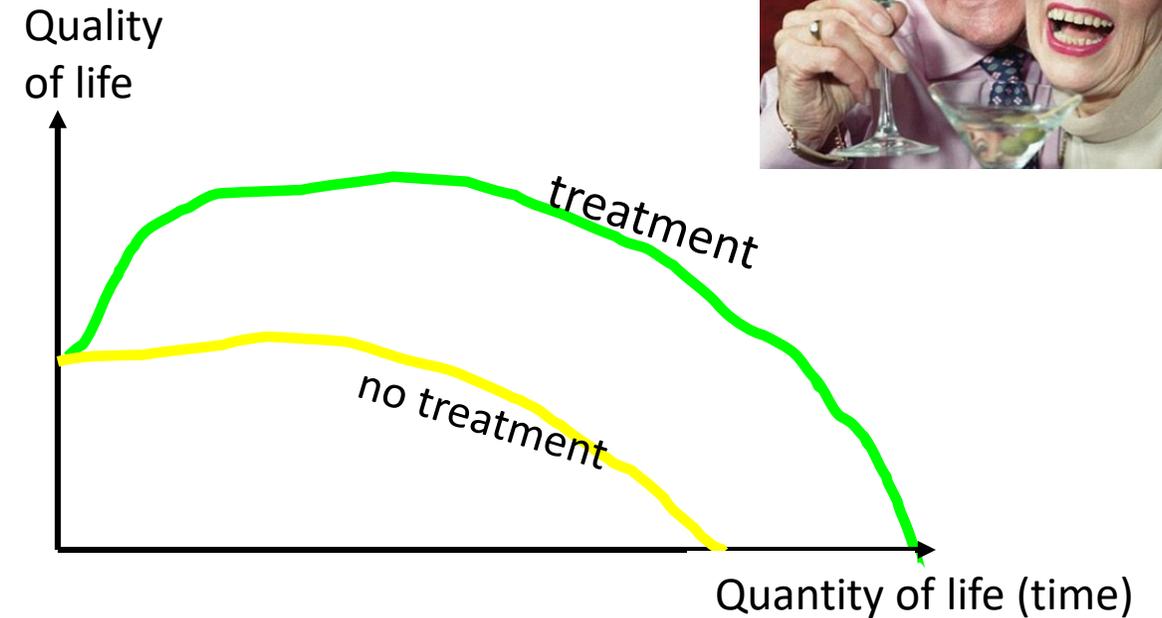
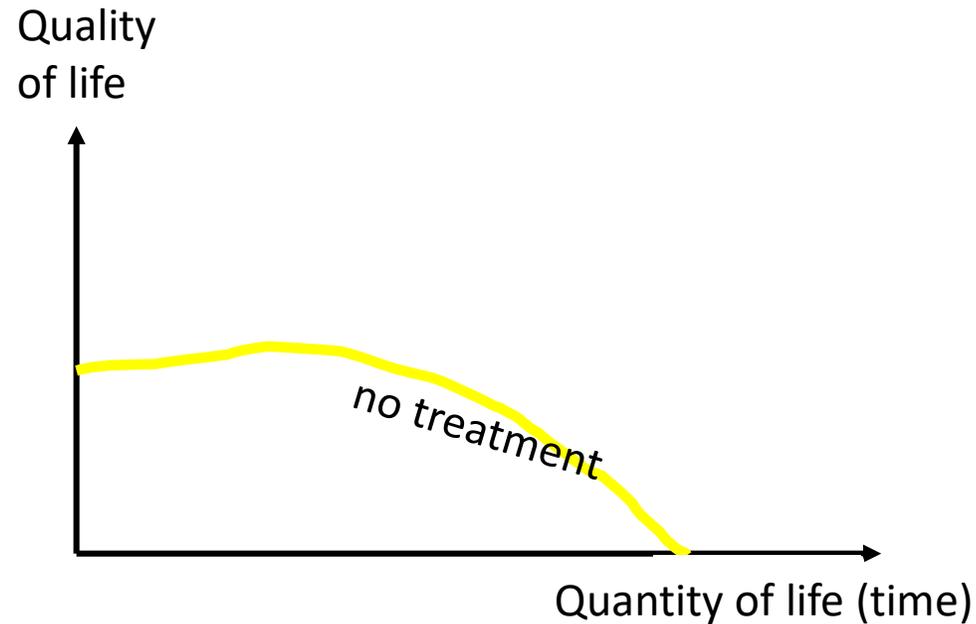
Endovascular thrombosis intervention was associated to improved access survival

Study IV

Risk prediction models and clinical judgement could optimize access timing
KFRE40 associated to superior specificity and PPV compared to eGFR 15
A new prediction model incorporating progression rate and survival is needed

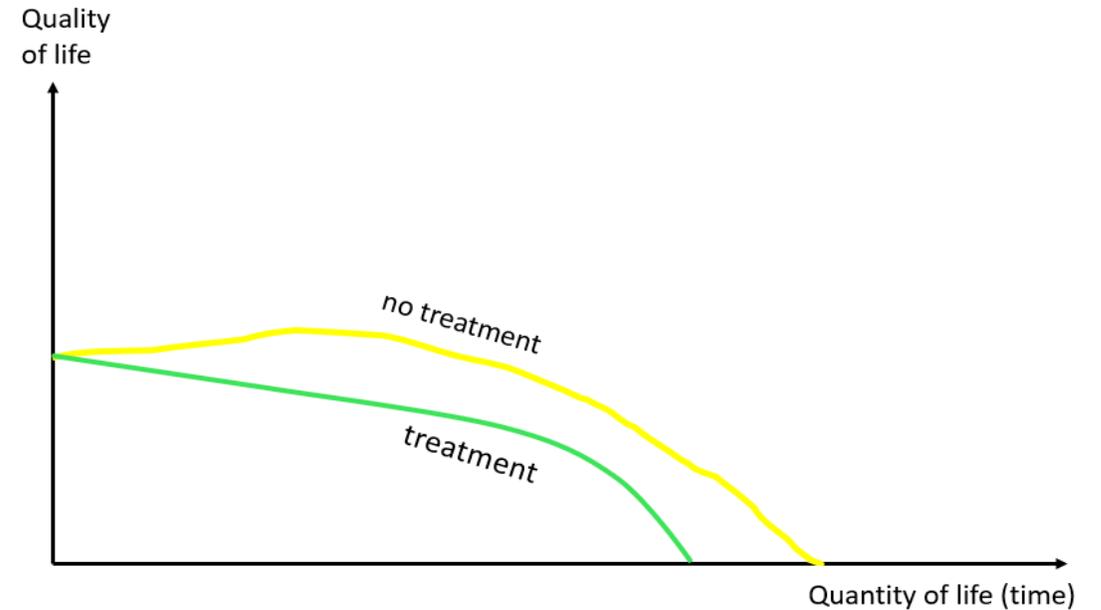
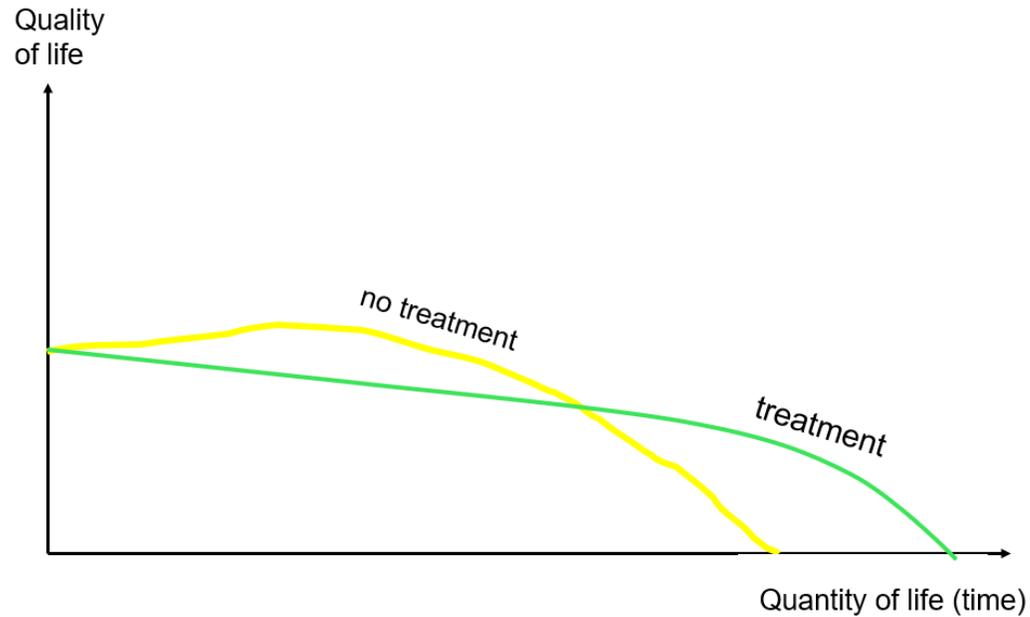
“Prediction is very difficult especially if it’s about the future”

Niels Bohr



“Prediction is difficult, especially about the prognosis of the individual patient”
-common knowledge of all nephrologists

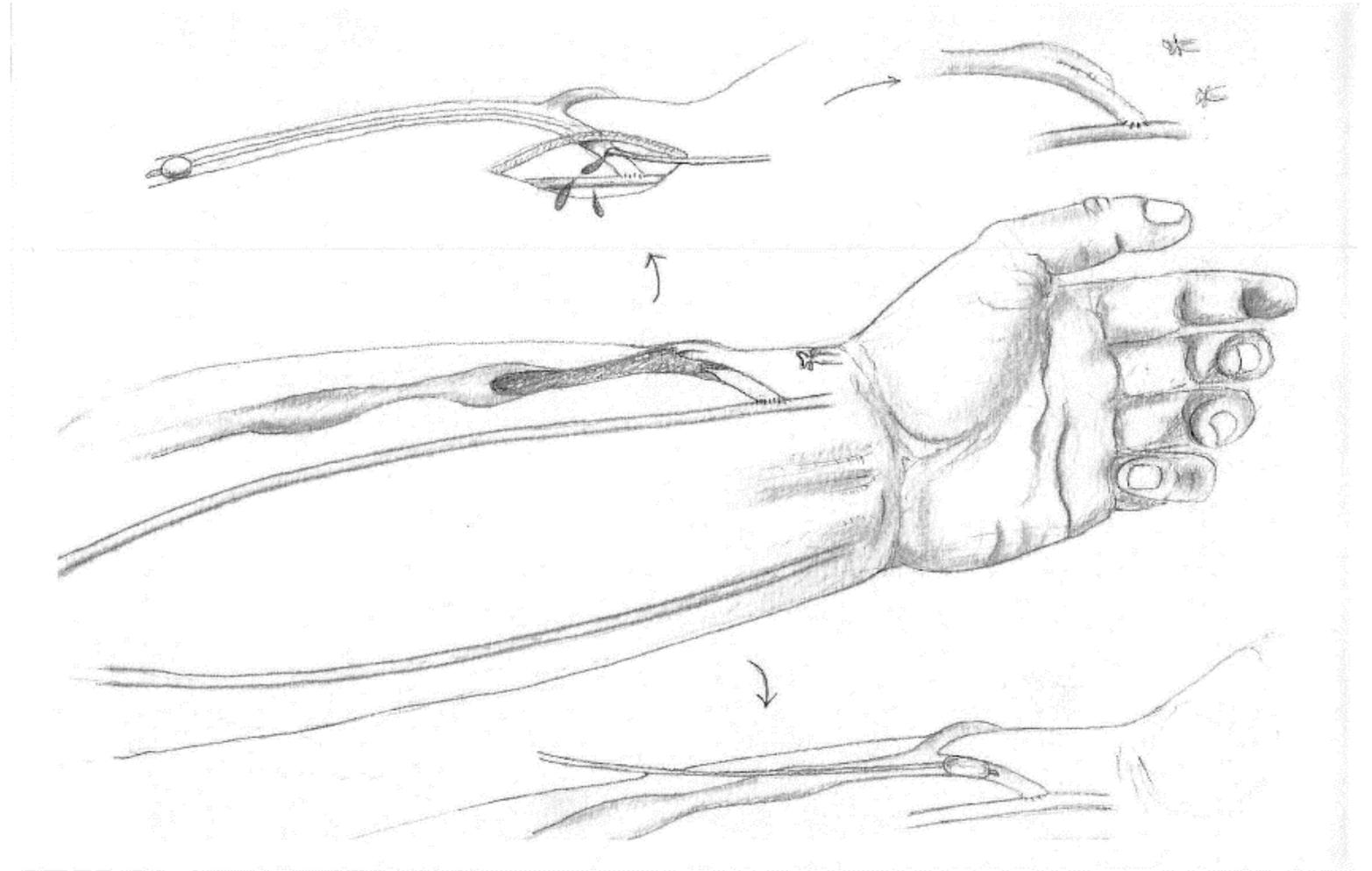
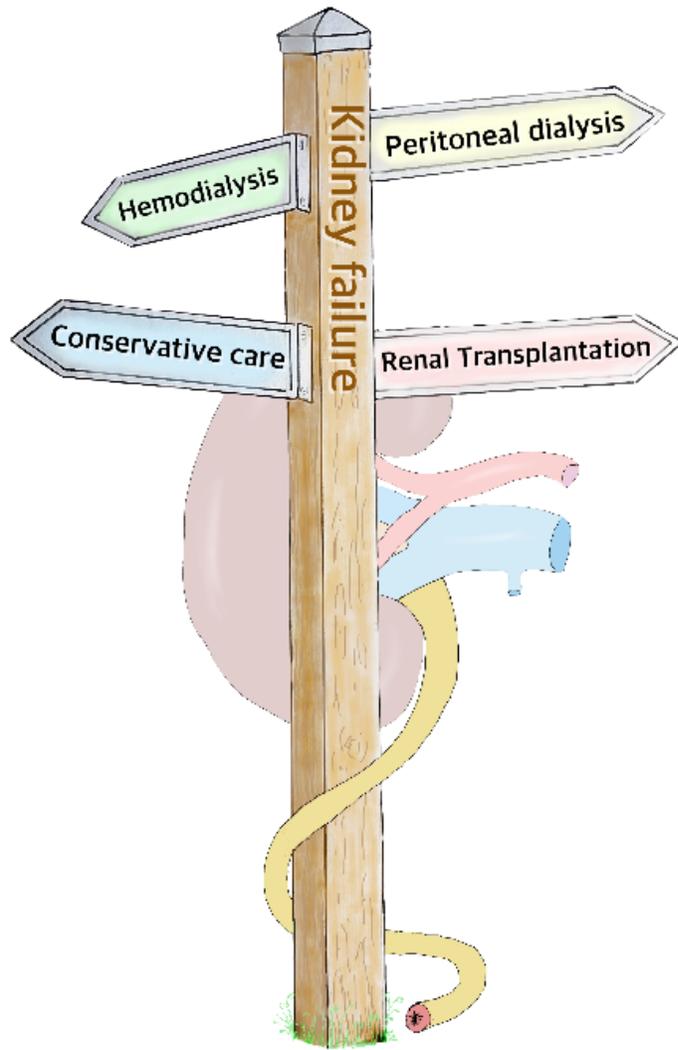
Prof. Björn Odvar Eriksen



“The goal of forecasting is not to predict the future,
but to tell you what you need to know to take meaningful actions in the present”

Paul Saffo





Artist: Transplantations- och accesskirurg Dr. John Sandberg

Monnie Wasse, MD, MPH

Professor, Department of Internal Medicine, Division of Nephrology, Rush Medical College

- Multidisciplinary predialysis care
- KDOQI 2019; Individualized ESRD **Life-PLAN**
- Patient- Life- Access- Needs
- Each vascular access
 - Vessel preservation
 - Insertion/ creation
 - Contingency
 - Succession

