

Dear all,

Here is a monthly letter from your delegate for Environment and Sustainable development. It is clear that we need to change our habits and break out of the box to live a more sustainable for our planet life and start planning to save energy and resources. Check out the [Climate Challenge | Karolinska Institutet \(ki.se\)](#) as a form of self-development. Also, a reminder about easy ways to save energy at work

1. Turn off when not in use
 - a. lights
 - b. instruments and computers
 - c. sterile hoods
 - d. chemical hoods
2. Take care of -80 freezers
 - a. Take away snow and ice regularly
 - b. Defrost once a year
 - c. Discard unneeded samples
 - d. Minimize the door opening by sorting samples on dry ice

ANNOUNCEMENTS

Bad news:

The bike pump that was kept in a locker in J6:30 has disappeared. PLEASE, RETURN!

Good news:

Register for a free webinar by Prof. JOHAN ROCKSTRÖM “A safe and just future within planetary boundaries” on October 11, 2022 11:30-12:25. fro.ntiers.in/Johan-Rockstrom

Planetary boundaries framework is a science-based health check of the nine processes that keep our planet stable and resilient.

Our motto: We can make a difference!



I'll be back!

Katja