

Dear all,

Here is my monthly letter as a delegate for the Environment and Sustainable development at Onk-Pat! The theme for the month is OUR HABITS. **ONLY CHANGES IN OUR HABITS AND BEHAVIOR CAN REDUCE OUR CO<sub>2</sub> FOOTPRINT.**

I suggest three steps for changing our mind set:

**1. Learn**

All KI affiliates are invited to participate digitally for free in [Inner Development Goals Summit 2022 \(confetti.events\)](#), a conference on how to develop transformational skills for sustainable development. The questions: "How can we accelerate progress towards sustainable development? What inner abilities and qualities are needed to drive development forward?" will be discussed on 29 April. Check [Inner Development Goals Summit 2022 | Karolinska Institutet Nyheter \(ki.se\)](#) to register!

**2. Practice**

We have put together a [Climate Bingo | Karolinska Institutet \(ki.se\)](#). Take this Challenge to find out who among your colleagues and friends acts in the most sustainable way for the Planet! The winner is, of course, our Planet, but there will be prizes for first, second and third place as well!

**3. Take an action**

Engage into a project that will help to Reduce, Reuse or Recycle. For example, Paula and I came across one company with a business idea to give a second life to expensive equipment [Your specialist in refurbished medical and laboratory devices \(fameco.eu\)](#) They are specialized in purchasing, refurbishing and selling Chemical analysis equipment such as HPLC and LC/MS.

Use KI home page [Buy and sell | Medarbetare \(ki.se\)](#) to advertise your equipment that is not in use or to buy some that you need!

Or why not to join me and engage into [Environment and sustainable development at OnkPat | Karolinska Institutet \(ki.se\)](#)?

SOMETHING TO BE PROUD OF

[KI's climate work at the top among Swedish universities | Karolinska Institutet Nyheter](#)

Our motto: We can make a difference!



I'll be back!  
Katja