



Institutionen för klinisk neurovetenskap
Avdelningen för försäkringsmedicin

Om forskningsprojektet

Livssituation och återgång i arbete efter bröstcanceroperation – en prospektiv kohortstudie

Syftet med detta tvärvetenskapliga projekt är att få kunskapsunderlag för bättre behandling och bemötande av kvinnor som opererats för bröstcancer, speciellt vad avser (återgång i) arbete, sjukfrånvaro och dess effekter på livskvalitet och hälsa.

Då majoriteten av kvinnor med bröstcancer blir botade, men kan ha kvarstående biverkningar av behandling, är behovet stort av kunskap om hur kvinnornas livssituation påverkas. Det är stora variationer i hur snabbt kvinnor återgår i arbete efter bröstcancerbehandling. Fokus behöver i större utsträckning läggas på stöd inför det kommande vardagliga livet där återgång till arbete är en viktig aspekt. Resultat från pilotstudier visar att många kvinnor inte diskuterat arbete vare sig med vårdpersonal eller med handläggare på Försäkringskassan. Det finns i nuläget ytterst begränsad vetenskaplig kunskap om detta.

I studien inkluderades 750 kvinnor som, när de var 23-63 år, opererades för bröstcancer och behandlades vid onkologkliniker i Stockholm. Samtliga kvinnor följdes över två år. Data har samlats in via sex upprepade enkäter, journaler, register och fokusgruppintervjuer. Kvinnorna inkluderades konsekutivt under 2007-2009.

Sjukskrivning är en vanlig åtgärd inom cancersjukvården. Studien kommer bl.a. att ge kunskap om sjukskrivningsmönster vid bröstcancer, om effekter av sjukskrivning, om faktorer som påverkar återgång i arbete, samt om livskvalitet. Resultat från studien utgör underlag för utveckling av interventioner. Resultaten används även för utbildning av personal inom sjukvård, Försäkringskassan och arbetsgivare.

I projektet har även andra datakällor om sjukskrivning av och sjukfrånvaro bland kvinnor med bröstcancer använts.

Projektgrupp

Kristina Alexanderson	Professor, Med Dr, socionom, <i>projektledare</i>
Emilie Friberg	Docent, Med Dr
Kerstin Nilsson	Statistiker
Agneta Wennman-Larsen	Docent, Med Dr, leg sjuksköterska, <i>biträdande projektledare</i>

Finansiering

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Publikationer från projektet

Doktorsavhandling

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14. Alexanderson K. Cancer and health, disease, work capacity, and sickness absence – does this vary with social status? Keynote speech, European Cancer Rehabilitation & Survivorship Symposium, 16-18 September 2012, Copenhagen, Denmark

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Inbjuden talare, exempel

1. Petersson L-M. Livssituationen för bröstcanceropererade kvinnor. “8:e nationella Konferensen i Cancervård”, 8-9/5 2008, Stockholm
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