

Dear all,

Here is my monthly letter as a delegate for the Environment and Sustainable development at Onc-Pat. For the last few months we were defrosting/desnowing our -80 freezers at Bioclinicum and we are almost done for this time! Great work, everybody!

WASTE – is my theme for May. One of the habits of a sustainable mind is sorting the waste. Why do we do it? Because we want to RECYCLE instead of producing new materials. Here is the list of what becomes from the waste items when you sort properly:

<i>Used item/ Times recycled</i>	<i>Sorted as</i>	<i>Becoming</i>	<i>Effects on energy or climate</i>
Hard plastic/ <i>Limitless</i>	Plastic	Flower pots, kitchen items and ware, items for construction and car industry, plastic furniture, soft paving stones	Every kg reduces CO <sub>2</sub> emission by 2 kg
Soft plastic	Plastic	Bags, cable protection	Info NA
Steel and aluminum items/ <i>Limitless</i>	Metal	Steel and aluminum, from railway tracks to cans for food	95% less energy by not producing new
Glass bottles/ <i>Limitless</i>	Clear or colored glass	Glass bottles, glass wool, insulation and foams	20% less energy than producing new
Newspapers, printing paper/ <i>up to 7 times</i>	Paper	Newspapers, toilet & kitchen paper	70% less energy than producing new
Packaging/ <i>up to 7 times</i>	Packaging	Packaging	Info NA

Source: [Återvinningsprocessen - Förpacknings- och tidningsinsamlingen, FTI \(ftiab.se\)](#)

### KI SUSTAINABILITY DAY – ATTEND AND LEARN MORE!

[KI Sustainability Day 2021, May 18 | Karolinska Institutet](#). This year theme is "building back better". How can we implement the new Climate Strategy at KI and build a more resilient, sustainable and fair future post COVID-19. Note that one session is in Swedish. You can also fix your bike on-line 😊 if you attend the event!

Our motto: We can make a difference!



I'll be back!

Katja