

DESCRIPTION OF THE NURSING DISCIPLINE

The discipline of nursing is based on humanistic values and an ethics of caring, and is founded on the experiences, reactions and needs of human beings throughout their lives. Nursing knowledge is applicable at the individual, group and society level. The scientific discipline of nursing is the basis for the nursing profession as well as an independent field of scientific inquiry.

Nursing research aims to develop knowledge that explains and increases understanding of issues that arise in caregiving. The development of knowledge in nursing research is influenced by the related disciplines of medicine, the humanities and the social and behavioral sciences.

Nursing and caring science focuses on various topics, including:

- Human beings in health, illness and disease, as well as barriers to and resources for human health
- Nursing interventions that support human health, prevent illness and disease, help to cure and treat, relieve suffering, and protect the dignity of the human being
- Caring relationships, in particular with regard to ethical, emotional, socio-cultural and existential aspects of caring
- Human vulnerability and care needs related to development, health and illness, as well as to changing life conditions
- Human beings' experiences of their changing bodies in a life-cycle perspective
- Technology's impact on people and nursing care
- Communication and interaction between people and with the surrounding environment

The research program at the Division strives to be a global leader in nursing research, contribute to evidence-based guidelines and health care practice, and support the development of nursing to shape the future of healthcare context.

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