



**Institutionen för klinisk neurovetenskap**  
Avdelningen för försäkringsmedicin

**Forskningsprojekt**

**Sjukfrånvaromönster vid multipel skleros; MS**

Sedan flera år driver vi ett tvärvetenskapligt forskningsprojekt om MS och sjukfrånvaro.

Idag har cirka 18 000 personer i Sverige sjukdomen multipel skleros (MS). MS är den vanligaste degenerativa neurologiska sjukdomen bland unga vuxna och debuterar oftast i 20 till 40-årsåldern, åldrar då aktiviteten på arbetsmarknaden vanligen är hög. För många innebär sjukdomen en efter hand betydande, men varierande, funktionsnedsättning med en reducerad arbetsförmåga som följd. MS är en synnerligen heterogen sjukdom och kan påverka individer i olika grad och på olika sätt samt ha ett vitt skiftande förlopp. Dock är kunskapen om sjukfrånvaromönster vid MS högst begränsad.

Det övergripande syftet med projektet är att, för personer med MS a) kartlägga mönster av sjukfrånvaro och sjuk- eller aktivitetsnedsättning, b) identifiera riskfaktorer för sjukfrånvaro respektive sjuk- eller aktivitetsnedsättning c) samt få ökad kunskap om livs- och arbets situation för att få kunskapsunderlag för interventioner. Flera olika delstudier görs utifrån dessa frågeställningar.

**Projektgrupp**

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## Publikationer

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