

COVID19 - Collateral damage on life and health of older adults in central Stockholm

FIRST RESULTS - SNAC-K extra telephone questionnaire



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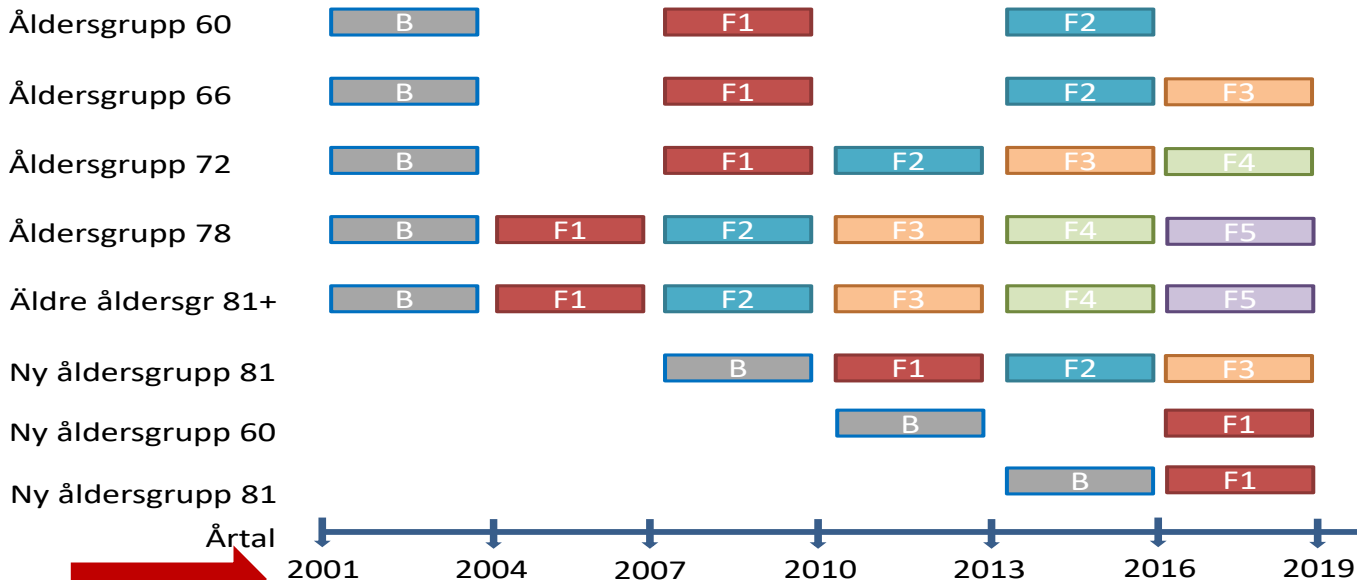
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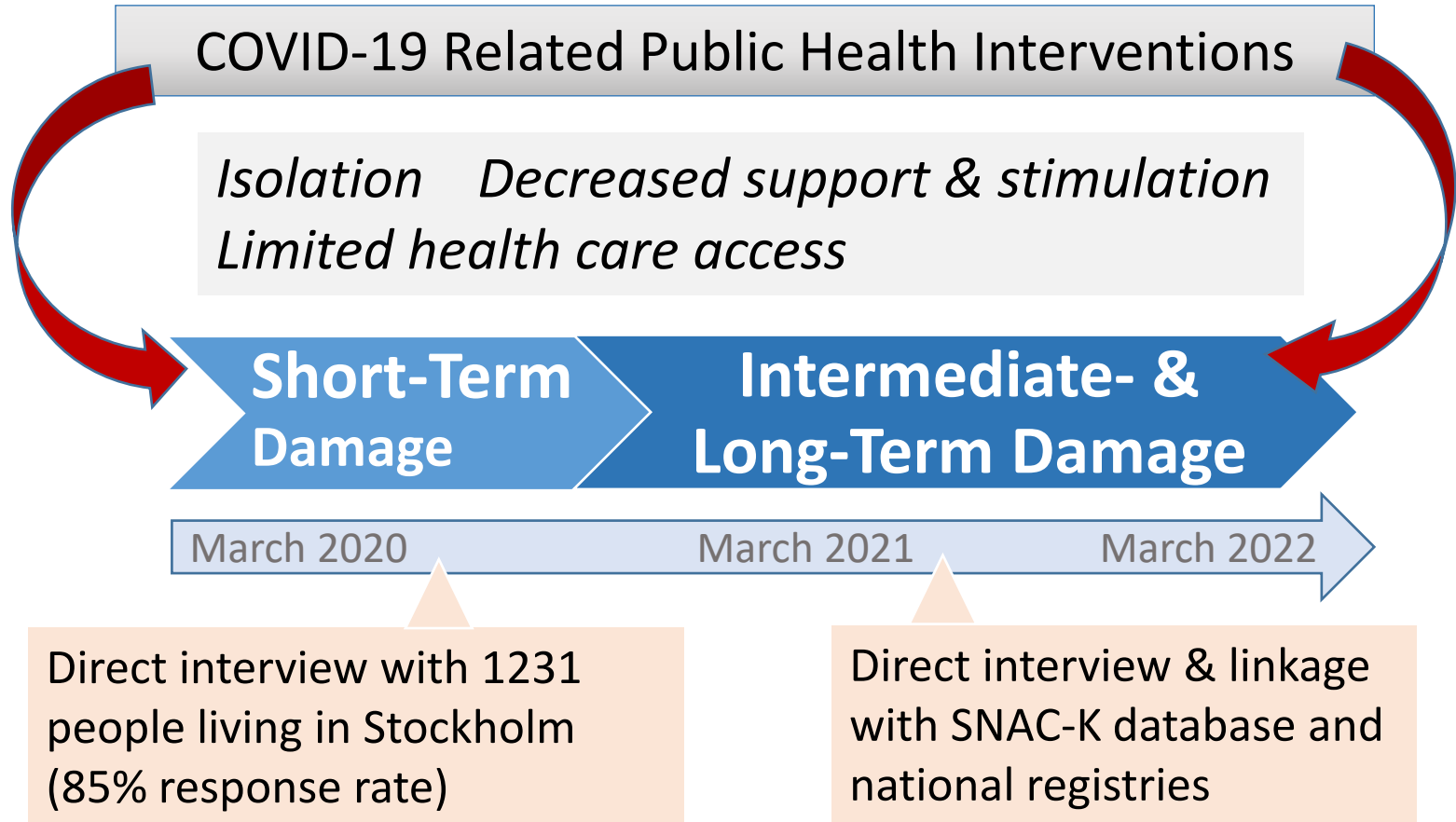


SNAC-Kungsholmen



B=baslinje, F1=första, F2=andra, F3=tredje, F4=fjärde, F5=femte uppföljning

New Project 2020-2021 - VR supported - Collateral damage



Key messages

1. Subjects were **well informed** about the pandemic and adopted a **very low risk behavior**
2. Subjects **limited their contacts with healthcare system** but, when asking, they received it in a satisfactory way
3. Subjects **decreased home care use** but received **more informal care**
4. Subjects were **more worried for others than for themselves**
5. Around **30% of the sample felt stressed and had feelings of loneliness**
6. **30% decreased their physical activity**