

## Internationalisation of a teaching instance (3 weeks course)

| International intended learning outcome(s) (ILOs)                       | Internationalised content                                                                                               | Internationalised teaching and learning activities (TLAs)                                                                                                                                                                           | Internationalised Assessment method                                                                                                                                         |
|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| By the end of this course, students should be able to:  1. Define and   | Include course readings<br>and learning materials<br>that explore trauma-<br>related disorders from<br>various cultural | Activities will include international lectures, videos, group discussions and individual exercises and quizzes, to:  1. Prepare own reflection on trauma-based diseases based on working/personal experience or a case study. These | Students are asked to carry out an interview with local or international healthcare providers, such as local or international NGOs that work with people at risk of trauma. |
| understand the concepts of trauma and resilience  2. Identify problems  | Incorporate articles from international journals in trauma and resilience                                               | reflections are to be sent before the course start and can include possible questions students have in relation to trauma and resilience.  2. Read articles and view lectures on the essence of trauma                              | The interview will focus on the challenges trauma-care providers face when they treat trauma patients and discus why some develop resilience.                               |
| linked to social, economic and political determinants of                | among people  Include materials on social, economic, and                                                                | and its common types, as well as resilience. Discuss social, economic and political determinants of health and the care of traumatised patients locally and globally.                                                               | Students will have to make recommendations to improve quality of trauma care.                                                                                               |
| health 3. Compare the care for traumatised patients in Sweden and       | political determinants of health  Include references to intercultural issues in                                         | 3. View videos and read articles focused on highly resilient people then evaluate the data and produce recommendations that can be used to improve the resilience of individuals who have faced trauma                              |                                                                                                                                                                             |
| abroad 4. Evaluate data of highly resilient persons and form            | professional practice  Include online tools (Global burden of                                                           | 4. In groups, students express their own views based on the local and global policies for care of traumatised patients in Sweden and outside Sweden.                                                                                |                                                                                                                                                                             |
| tools that can be<br>directed to use to<br>improve the<br>resilience of | disease, Dollar Street and<br>Gapminder)                                                                                | <ol> <li>Students will discuss policies related to violence, conflict,<br/>equity, gender and justify their own opinions.</li> </ol>                                                                                                |                                                                                                                                                                             |



| individuals who<br>have faced trauma | Using examples and case studies from different countries and cultures, using students as | 6. Students are asked to reflect on their own culture as well as engage with other cultures in relation to trauma and resilience; how they perceive it and deal with it.                                                      |
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|                                      | resources.                                                                               | 7. Take quizzes based on using digital tools (Global burden of disease, Dollar street and Gapminder) to evaluate possible burdens on the global scale, and then compare these impacts on two countries chosen by the student. |
|                                      |                                                                                          | 8. In groups discuss own views in relation to the data of highly resilient patients.                                                                                                                                          |
|                                      |                                                                                          | 9. Comment on peer discussion forums, reflecting on different global and local perspectives.                                                                                                                                  |
|                                      |                                                                                          | 10. Students self-evaluate their development of international perspectives regarding trauma and resilience.                                                                                                                   |