QUESTIONNAIRE

Personal Identification Number

Name

Marital status	□ Single
	□ Married since year
	Divorced since year
	□ Widow since year
	Living together with partner since year Comment
Education	□ Primary school (≤ 9 years)
	\Box Primary school (≤ 9 years)
	□ Primary school (≤ 9 years)
	□ Primary school (≤ 9 years)

Number of children	Do you have any children? If any, specify their year of birth $ \begin{array}{r rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$					
	Comment					
Breast cancer in mother	□ No					
	□ Yes					
	Don't know					
	□ No					
Breast cancer in sister	□ Yes					
	Don't know					
	Don't have a sister					
Breast cancer in daughter	□ No					
	□ Yes					
	Don't know					
	Don't have a daughter					
Please specify	Height cm Weight kg					

Type of diet	□ Omnivorous						
	\Box Only lactovegetarian (no meat, fish or egg)						
	\Box Mostly lactovegetarian, sometimes eats fish and eggs						
	□ Vegan						
	Other, specify Comment						
How many slices of bread	Crisp bread slices per day						
per day and type	Whole meal bread Slices per day						
	□ White bread slices per day						
	Loaf bread loaf bread slices per day						
	□ I don't eat bread						
Amount of fat on	□ Thick layer						
sandwiches	□ Thin layer						
	□ Very thin layer						
	□ No fat at all						
Type of fat on sandwiches	Butter						
	□ Butter 50% + Margarine 50% fat						
	Cooking margarine, 80% fat						
	□ Table margarine, 80% fat						
	Light margarine						
	I don't use fat on sandwiches						

Type of fat for cooking at home	□ Butter					
	□ Butter 50% + Margarine 50% fat					
	Cooking margarine, 80% fat					
	□ Table margarine, 80% fat					
	□ Oil					
	Don't know					
Type of milk	\Box Whole milk, 3% fat					
	□ Milk, 1.5% fat					
	□ Skim milk, 0.5% fat					
	☐ Milk, 3.8-4.5% fat					
	□ I don't drink milk					
Number of glasses of milk per day	glasses					

How often do you eat the following foods?

	Never/ seldom	1-3 month	1 week	2-3 week	4-6 week	1 day	2-3 day	4 day
Butter on sandwiches							day	
Margarine on sandwiches								
Cheese								
Skim milk, 0.5% fat								
Milk, 1.5% fat								
Whole milk, 3% fat								
Yoghurt, 0.5% fat								
Yoghurt, 3% fat								
Whole meal bread								
White bread								
Crisp bread								
Potatoes, cooked								
Potatoes, fried								
French fries								
Root vegetables (carrots, beets, etc)								
Cabbage								
Tomatoes								
Lettuce, cucumber								
Spinach, kale								
Apples, pears								
Citrus fruits								
Banana								
Juice								
Oat meal, gruel, hot cereal								
Cold cereal, müsli								
Pancakes, waffles								
Rice								
Spaghetti								
Brown beans, pea soup								
Meat, whole pieces								

	Never/ seldom	1-3 month	1 week	2-3 week	4-6 week	1 day	2-3 day	4 day
Meat, stews, casseroles								
Bacon								
Minced meat								
Sausage & sausage dishes								
Cold cuts								
Liver pate								
Blood pudding/sausage								
Liver, kidney								
Poultry								
Eggs, scramled eggs								
Salmon, mackerel, herring								
Other fish								
Sea food (shrimp, mussels, crab)								
Chips, popcorn, nuts, cheese doodles								
Rolls, crackers, cookies								
Ice cream								
Sweet soup								
Jam, marmelade								
Lemonade								
Sodas								
Candy								
Chocolate								
Sugar								
Coffee								
Теа								
Beer, 0.5% alcohol								
Beer, 2.8% alcohol								
Beer, 4.5% alcohol								
Wine								
Hard liquor, 40% alcohol								