

Guide for CPD points within laboratory animal science

1. General considerations

- Continuous Professional Development (CPD) must comprise a variety of activities within the field of Laboratory Animal Science. At least 4 hours of CPD activities must focus on animal welfare and the 3Rs (Replacement, Reduction, and Refinement) in accordance with SJVFS 2025:28, Chapter 6, Section 9.
- CPD activities must be relevant to Laboratory Animal Science and/or address one or more of the 3Rs.
- One CPD credit is awarded for each 60-minute CPD activity.
- A maximum of 4 CPD credits per activity type may be counted per calendar year. Consequently, CPD credits must be obtained through multiple types of activities.
- CPD activities should be distributed throughout the year to support continuous professional development.

2. Counting CPD activities

The following table provides a guide for how CPD points are counted.

Type of activity	CPD points awarded
Training and refinement of practical skills	1 credit per hour
Learning new practical skills eg surgical techniques	1 credit per hour
Supervision of students in laboratory animal science training	1 credit per student
Examination of students in laboratory animal science	1 credit per student
Mentoring	1 credit per student
Participation in seminars/lectures/webinars	1 credit per occasion
Participation in planning and writing laboratory animal ethical application	1 credit per application
Participation in post-approval meeting	1 credit per meeting
Teaching: Planning and execution of courses/workshops	up to 4 credits per course
Teaching on courses/workshops	1 credit per hour
Participation in workshops/courses	1 credit per hour
Conference: Planning and execution of conference	up to 4 credits per conference
Participation in conferences	1 credit per conference
Journal clubs	1 credit per journal club