Draft programme: Endocrine disruptors – Identification and Assessment

February 17-21, 2025 Lectures and group discussions are online using Zoom. IMM Institute of Environmental Medicine, Karolinska Institutet. Course leaders: Johanna Zilliacus, Annika Hanberg, Anna Beronius

Monday Feb 17	Tuesday Feb 18	Wednesday Feb 19	Thursday Feb 20	Friday Feb 21
9.00-9.30	9.00-9.15	9.00-9.15	9.00-9.15	9.00-9.15
Welcome and introduction to the course (JZ, AH, AB)	Wrap-up from previous day			
9.30-10.30	9.15-10.15	9.15-10.00	9.15-10.00	9.15-10.00
Introduction of participants	Endocrine disruptors and female reproduction (PD)	Group assignment 1 continued	Group assignment 2 continued	Group assignment 3 continued
10.30-10.45	10.15-10.30	10.00-10.15	10.00-10.15	10.00-10.15
Break	Break	Break	Break	Break
10.45-11.30	10.30-11.30	10.15-11.00	10.15-11.00	10.15-12.00
Introduction of participants, group discussions	Endocrine disruptors and male reproduction (TS)	Presentation and discussion of group assignment 1	Presentation and discussion of group assignment 2	Presentation and discussion of group assignment 3
11.30-12.30	11.30-12.30	11.00-11.15	11.00-11.15	12.00-13.00
Lunch	Lunch	Break	Break	Lunch
12.30-13.30	12.30-13.30	11.15-12.15	11.15-12.15	13.00-17.00
Introduction to endocrine	Endocrine disruptors and	In vitro and mammalian in	Adverse outcome pathways	Take home exam handed in at
disruptors (AH)	thyroid disorders (AB)	vivo tests to identify	and mode of action analysis to	17.00
		endocrine activity (JZ)	identify endocrine disruptors (AB)	
13.30-13.45	13.30-13.45	12.15-13.15	12.15-13.15	
Break	Break	Lunch	Lunch	
13.45-14.45	13.45-14.45	13.15-14.00	13.15-14.15	
Introduction to endocrinology	In vivo mammalian tests to	Individual learning	Regulatory aspects of	
(JZ)	identify EATS-mediated adversity (AH)		endocrine disruptors (AB)	
14.45-15.00	14.45-15.00	14.00-15.00	14.15-14.30	
Break	Break	In vivo non-mammalian tests	Break	
		to identify endocrine disruptors (LB)		
15.00-16.00	15.00-15.45	15.00-15.45	14.30-15.15	
Identification of endocrine	Introduction to group	Introduction to group	Introduction to group	
disruptors based on EU	assignment 1	assignment 2	assignment 3	

scientific criteria and guidance	Individual learning	Individual learning	Individual learning
for identification of endocrine			
disruptors (AB)			
16.00-16.15	15.45-16.45	15.45-16.45	15.15-16.45
Reflection on today's learning	Group assignment 1	Group assignment 2	Group assignment 3
16.15-17.00	16.45-17.00	16.45-17.00	16.45-17.00
Individual learning	Reflection on today's learning	Reflection on today's learning	Reflection on today's learning
Preparation for next day			

Teachers:

AB – Anna Beronius, IMM, KI

AH – Annika Hanberg, IMM, KI

JZ – Johanna Zilliacus, IMM, KI

LB- Lisa Baumann, Vrije Universiteit Amsterdam, Netherlands

PD-Pauliina Damdimopoulou, CLINTEC, KI

TS – Terje Svingen, DTU, Denmark

Course information

Purpose of the course:

The purpose of the course is to give the participant knowledge and understanding of molecular mechanisms and adverse effects of endocrine disruptors as well as of methodologies to study and identify such substances and assess effects on human health.

Learning outcomes:

After the end of the course the participant should be able to:

- Describe molecular mechanisms and potential adverse effects of endocrine disruptors
- Explain methodologies to study endocrine disruptors
- Apply methodology for identification of endocrine disruptors according to EU scientific criteria and guidance
- Identify and discuss challenges in identification and assessment of endocrine disruptors

Content of the course:

Endocrine disruptors are defined as an exogenous substance or mixture that alters function(s) of the endocrine system and consequently causes adverse health effects in an intact organism, or its progeny, or (sub)populations. Endocrine disruptors act via hormone receptors and by altering hormone levels and have been implicated in several endocrine-related diseases. The course will include molecular mechanisms of endocrine disruptors, from molecular initiating events to adverse effects. Methodologies for identification and analysis of the endocrine disruptors will be addressed. Identification of endocrine disruptors based on EU scientific criteria and guidance will be addressed. Attention will be given to future challenges in identification and assessment of endocrine disruptors.

Content of teaching and learning activities:

- Welcome and introduction to the course
- Introducing course directors
- Presenting Karolinska Institutet and Institute of Environmental Medicine
- Presenting course (learning outcomes, programme and exam)
- Explaining practical aspects of on-line course, including Zoom and Canvas

Introduction of participants

- Participants introduce themselves using 1-2 PowerPoint slide provided in advance
- Participants get to know each other in group discussions

Lecctures

• Lectures on the different topics by teachers from Karolinska Institutet and other organisations

Group assignments

• Work on group assignment in small groups

Reflection on today's learning

• Individual reflection on What was the most important I learnt today? Are there any open/unclear issues from today?

Wrap-up from previous day

• Discussion based on reflections of learning and open/unclear issues

Presentation and discussion of group assignments

- Each group presents their group assignments
- Other groups ask questions and discuss

Take home exam

- Short answer questions on factual knowledge
- Reflection question on challenges in identification and assessment of endocrine disruptors