



Dear master students at LIME,

With just one month more to go before the summer break, I am happy to write this introduction for our new newsletter for students. As Departmental Director of Education (GUA) at LIME, me and our Programme Directors together with our study councillor are continuously trying to improve the student involvement and inclusion in our department. **Initiating a newsletter for all our master students is one of many ways for us to share what we do at LIME.**



With just one month more to go before the summer break, I am happy to write this introduction for our new newsletter for students.

As Departmental Director of Education (GUA) at LIME, me and our Programme Directors together with our study councillor are continuously trying to improve the student involvement and inclusion in our department. **Initiating a newsletter for all our master students is one of many ways for us to share what we do at LIME.**

The first (Virtual) **LIME Open House** started up in October 2021 and will be a yearly event to introduce you to our research and research groups. This coming October, we hope to meet you all in person in the Widerström building for this years LIME Open House.

**The last two years have been very challenging for both students and teachers** due to the pandemic situation around the world. Those of you who now graduate from your programme after two years have had another study situation than both you and we expected. Even though we had to adapt to this new situation, I think we have learnt a lot that we will bring into our education for the future. Under these circumstances, I am happy that you stayed within your programme and were determined to graduate anyway. I hope you will have great use of everything you have learnt. **You have done a great job!**

**Student involvement** in our education is important for us at LIME. As Departmental Director of Education, I am also the chairman of the UN\*-meetings, where our student representatives are present. These three student representatives represent all students at LIME regardless of which program they themselves attend to. So, if you have suggestions for improvement, feel free to contact any of the student representative below:

- [Jan Lorenz](#) (Health Informatics)
- [Zoltán Neméth](#) (Health Economics, Policy and Management)
- [Robert Wittram](#) (Health Economics, Policy and Management)

I hope you enjoy this newsletter and I wish you all a relaxing summer after a long school year!

Yours,

**Mia von Knorring**

Departmental Director of Education (GUA) at the Department of LIME

(\*UN = UtbildningsNämnd = Educational Board)

---

## LIME NEWS

*A mix of LIME internal news about research, new teachers, LIME talks, HI Conversations and more*

**2022-04-28 HI Conversations - Patients reading their psychiatric health records online**

**2022-05-03 LIME talks - Gender, organization and work for change (in English)**

**2022-05-18 LIME talks - Från frustration till engagemang – läkares perspektiv i det patientnära utvecklingsarbetet (this time in Swedish)**

### Want to know more about the Department of LIME?

Visit [About LIME](#) to read about management, professional services and research groups.

---

## MEET BODIL MOBERG

*Writing instructor at KI and project manager of "Structure in your studies"*

Being a student at LIME means you are being prepared for the work environment in Sweden and internationally. Working in groups / teams and doing group assignments are a big part of your

studies. We all know it can be quite challenging – students from different cultures coming together with different experiences and expectations of group work.

**So we wonder: Is there any help to succeed with group work?**



## How to succeed with group work

We have contacted **Bodil Moberg**, who has a long experience and education to help students improve their study technique and their academic writing. At the moment she is the project manager for the project “Structure in your studies” (this semester only for Swedish speaking students). One part of the project is about group work so we decided to ask Bodil how students can succeed in working in groups.

### **What do you do at KI?**

At the moment I manage a project that aims to give KI students better tools for succeeding in their studies, “Structure in your studies” or “Struktur i studierna” in Swedish. But I am also a writing instructor at KI’s Academic writing support.

### **How did it all start?**

The project is a direct answer to the governments wish to act on the stress level and other health issues they feared students had due to the pandemic situation and the fact that a lot of the education moved online from campus.

As for myself, I have been working at KI over ten years, for the most part at the Academic Writing Support, where I’ve coached numerous students not only in academic writing in Swedish, but also in managing their studies, as well as working efficiently together in teams.

### **What would you say is the key to a have success in group work?**

Communication! You have to start a group work with communicating your thoughts and in the group make plans for how to work together. Set rules for the group work, for instance how often to meet, what each member should accomplish between meetings, and which platform to use for collecting data, writing the text and making a presentation. If one fails to communicate chances are you’ll only think that you have a common understanding which could lead to severe misunderstandings.

Start each assignment with not only discuss the “What” (as in “what are we supposed to do”) but also with the “How” (as in “how shall we solve the task and how shall we work together). Then write an agreement on what you concluded. After that it’s easier to talk about participants that don’t fulfil their lot.



**Do you have any concrete suggestions on how our students can improve their group work / group**

### assignments?

The group is a team, with a common goal, not a random group of individuals working independently from each other. Act as a team, take responsibility as a team and communicate as a team, that is make plans for your work together and remind each other of your goals.

### We have all been in group work or teams when some do everything, and some just are “freeriders” – do you have any suggestions how to deal with freeriders?

Oh, I remember this with frustration from my own school years. But as a student you're a grown up and should treat the other team members as fellow grown-ups. If you, for any reason, can't meet the goals the group has set, you'll have to talk to the other students in your group and reset the goal. If you notice that someone is not contributing according to plan, you'll have to address that, and the group must come up with a solution. So, once again communication is key. Often when you do a group work, you also write a report about how you worked together, and if someone didn't do their share this has to be mentioned in that report.

### Conflicts is a part of group work. When are they beneficial and when are they not?

This is such a big question! And an interesting one as such, well deserving a long and elaborated answer. But for the moment, let's just mention that every evolution starts with a crisis of some sort. By arguing your points of views, you'll most likely develop a deeper understanding of the subject. Now, if the conflict is not about the subject but more personal, that's another story. As a member of a group, you don't have to love or even like everyone in the group, but you do have to respect and accept them. It's a talent that has to be trained, working with different kinds of people.

### Where can students find more information or help on how to improve their work group abilities?

In the project we offer students a seminar series, where the third and last seminar concerns group work. This spring there is one more round, starting April 26th, held in Swedish. For the autumn semester we are planning more seminars in both Swedish and English. We are also developing our website, where you soon can find texts and films regarding how to get structure in your studies. Until that is complete, you can watch this film on group work from the University of British Columbia (5 min): [https://youtu.be/Clp\\_kFR5\\_jc](https://youtu.be/Clp_kFR5_jc)

### Last – do you have a hidden talent? Or a motto?

Well, if I had a motto it would be “There is not one right way of doing things, but many”. It makes me listen more to others and consider different solutions, before deciding how to act. I guess this is what I want for every student to understand as well.

-There is not one  
right way of doing  
things, but many.

*Bodil Moberg*



## STUDENT NEWS

*News directly related to students*

### When you need a certificate

From now on you should contact [arkivet@ki.se](mailto:arkivet@ki.se) when you need a certificate showing that you are an active student at KI (or that you are finished with your courses and are awaiting your degree diploma). Arkivet are manned all summer and can sign and stamp your certificate the same day as you send the request.

More complicated certificates and/or forms from your home country that needs signature from KI, should still be addressed to your study counsellor **Malin Sandell**.

### Graduation ceremony

This years **Graduation ceremony** will be on June 2nd, at 2 pm. An invitation should already have been sent to all students in year two.

### Applying for your degree

In Sweden you need to apply for your degree diploma when you are finished with your programme. As soon as the last course (usually the master thesis project) is reported into Ladok, you can apply.

- For students within our master's programme in **Bioentrepreneurship and Health Economics, Policy and Management**, you apply through Ladok at KI: <https://education.ki.se/degrees>

Questions? Contact the Degree department at KI: [examen@ki.se](mailto:examen@ki.se)

- For all students within the **Health Informatics master's programme**, you apply through Ladok at Stockholm University: <https://www.su.se/english/education/degrees/application-for-a-degree-certificate>

Questions? Contact the Degree department at SU: [examen@su.se](mailto:examen@su.se)

Normally it takes around 4-8 weeks to get the degree diploma after application if you apply in June.

## Autumn semester

Autumn semester 2022 starts on August 29 and the next Newsletter will also be released that day.



## FRIENDLY REMINDERS & USEFUL LINKS

*Migrationsverket, important information, student health, seminars etc..*

### Information about the war in Ukraine

Due to Russia's invasion of Ukraine there has been created a page at ki.se. Here you will find references to support functions for staff and students: [Information page for staff and students concerning the war in Ukraine](#)

### How to renew your residence permit

On April 27, the Swedish Institute had a webinar on how to renew your residence permit. If you missed it, you can watch the stream on YouTube: <https://www.youtube.com/watch?v=q6cR1qTXjKc>

### Useful links

- [Contact information for the LIME educational staff](#)
- [Ethics at KI](#)
- [Student blogs](#)
- [The Student Health Care](#)
- [Top 10 recommendations if you spend the Summer in Stockholm](#)

Did you like the LIME student news letter? Let us know!



Illustrations: Pixabay. Photo from the island of Mjölby in the Stockholm archipelago.

The LIME student news is intended for all students at the department and is sent out two times per term. Let us know if you wish to include something in upcoming newsletters by contacting

[malin.sandell@ki.se](mailto:malin.sandell@ki.se)

Editorial staff: Malin Sandell, Liisa Olsson, Marie Lind. Layout: Marie Lind